



American Society for Nutrition  
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## Aging and Chronic Diseases RIS Newsletter June 2013

### *Update on the EB 2013 meeting*

Despite a very upsetting start to *EB2013* in Boston on April 19, we had a dynamic meeting full of great science, new investigators and a rewarding exchange of ideas. Many thanks to all who were able to come and contribute!

The American Society of Nutrition is the fourth largest society in FASEB, but is second in terms of attendance at the annual meeting. There is no doubt attendance was certainly large this year. Dr. Coletta is the RIS Director until May 31, 2014. Dr. Kevin Schalinske is the RIS Director-Elect. He will begin his term as Director on June 1, 2014. As you know, I continue as Chair and Dr. Carmen Sceppa is our Chair-Elect. She will assume the Chair position next year-on June 1, 2014.

First and foremost, our RIS leadership wishes to thank those who gave their time to review the more than 100 abstracts for our RIS at this meeting! There were 26 judges: May A Baydoun, Elisabet Borsheim, Gene Bowman, Ock Chen, Mei Chung, Ilona Csizmadi, Sarah L Francis, Eric Gumprich, Shirin Hooshmand, Denise Houston, Satya Jonnalagadda, Christos Katsanos, Owen J.

Kelly, Suzanne Judd, Joshua Miller, Judith Moreines, Shivani Sahni, Carmen Sceppa,

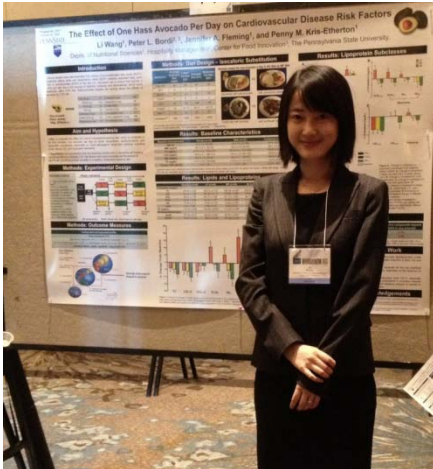
Jamie Sheard, Pamela E. Starke-Reed, Lyn Steffen, Stacey L Tannenbaum, Lesley Tinker, Huifen Wang, Heather Wiese, and Albert Zhou! I sincerely thank you and hope I have not missed anyone!

For the second *Aging Chronic Disease RIS Graduate Student Poster Competition* at EB 2013, we had 22 students submit abstracts and 10 were selected for presentation. These included: Sarah Ajabshir, *Florida International U*; Lenis Chen, *Penn State*; Monica Klempel, *U of Illinois at Chicago*; Lillian Pia Stattler, *U of Georgia*; Qiwen Shen, *Ohio State U*; Wenbo Tang, *Cornell U*; Li Wang, *Penn State*; Myra Woodworth-Hobbs, *Emory U*; Juan Wu, *Harvard U*; and Jing Zhou, *Purdue U*.

The winner was for first place, Li Wang, for her poster entitled, "The effect of one Hass avocado per day on cardiovascular disease (CVD) risk factors". Myra Woodworth-Hobbs was awarded second place for her work entitled, "Docosahexaenoic acid antagonizes palmitate-induced protein degradation in myotubes".

I also wish to thank those who were willing to evaluate the graduate student posters: May A Baydoun, Elisabet Borsheim, Phyllis Bowen, Ilona Csizmadi, Shirin Hooshmand, Denise Houston, Christos Katsanos, Daniel Lin, Carmen

Sceppa, and Heather Wiese! The poster competition was definitely a success, despite the early morning hour of 7am! Any further suggestions are welcome. We are thinking of including a second competition for postdoctoral students as well next year.



Li Wang, first place winner



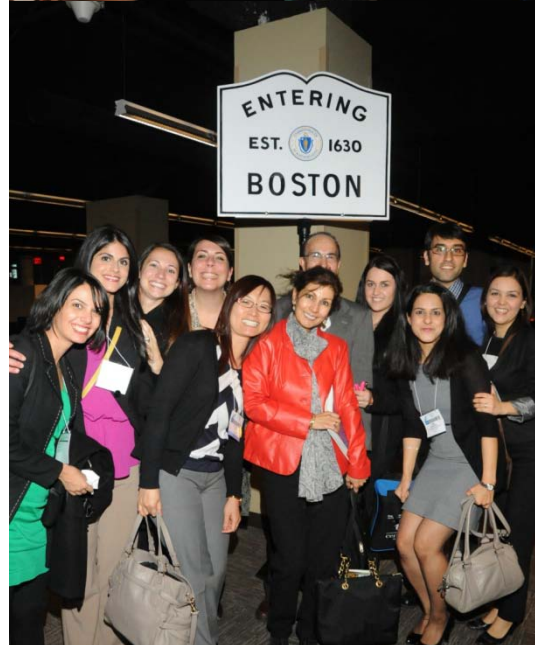
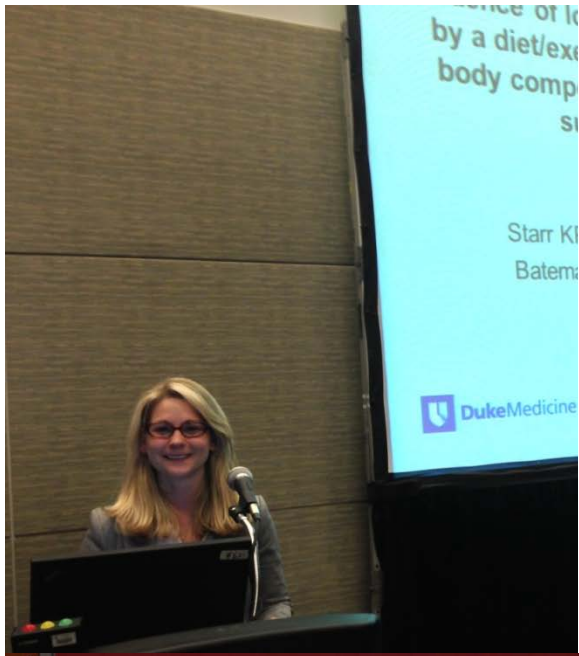
*Myra Woodworth-Hobbs won second place*

In addition to our annual business meeting and poster competition, our RIS had 2 poster sessions on Sunday 4/21/13 (*Nutrition Interventions for Risk Factor Modification in Chronic Disease, Nutritional Assessment and Status in Older Populations*), 2 on Monday 4/22/13 (*Community Nutrition Programs and Policies for Older Adults; Nutrition and Cognition across the Lifespan*), and 1 on Tuesday 4.23/13 (*Nutrition, Physical Performance and Bone Health in Older Adults*). On Monday 4/22/13, we had 2 oral mini-symposia: *Nutrition, Physical Performance and Bone Health in Older Adults*, chaired by Denise Houston & Shivani Sahni and in the afternoon, *Nutritional Assessment and Status in Older Populations*, chaired by Christy Tangney & Lesley Tinker. On Tuesday 4/23/13, we had the

morning mini-symposium, *Nutrition and Cognition across the Lifespan*, chaired by Christy Tangney & Pamela E. Starke-Reed, followed by an afternoon session, *Nutrition Interventions for Risk Factor Modification in Chronic Disease*, chaired by Connie Bales & Christy Tangney. Many thanks to the chairs and co-chairs for being willing to chair these sessions

### ***Request for Volunteers***

Anyone interested in serving as a Communications Director of our RIS, please email me. We want to involve several doctoral students who are interested in co-chairing sessions. Please let me know if you are interested ([ctangney@rush.edu](mailto:ctangney@rush.edu)) I also would like to highlight some of our RIS members who work in industry so we can better learn what we all do. Please contact me.



(photos from top to bottom, left then right) Dr K Starr presenting her research at the EB meeting, Divyani Sarkar, MS candidate at another session of our RIS, several graduate students at the ASN Membership and University Mixer and a student shares their research a at poster session.