



American Society for Nutrition
Excellence in Nutrition Research and Practice
www.nutrition.org

Greetings from the President: Robert M. Russell, MD

I'd like to extend a warm welcome to ASN's new Executive Board members: Teresa Davis, Cheryl Rock, Shirley Gerrior, Grace Marquis, Penny Kris-Etherton, and Katherine Tucker. Their terms began on June 1. In addition, I'd like to thank all ASN members who volunteered to serve on committees or other groups. Your willingness to participate is what makes ASN the premier nutrition research society.

About 40 member volunteers attended the 3rd annual Volunteer Leader Summit, where they tackled issues such as the state of our Society, diversity and inclusivity, best practices for group and meeting chairs, policy and advocacy, and strategic planning. This summit is key to our revitalized volunteer program, which also emphasizes more ASN volunteer opportunities for members.

Recently ASN also held the National Dialogue on Sodium at The National Press Club. This event featured 7 panelists who spoke about an aspect of sodium. There were 100 registered attendees, plus 45 who viewed the webcast. This successful event offered an open dialogue on a hot nutrition topic, and the Society aims to host similar events in the near future.



Dr. Sonia Angell speaks at ASN National Dialogue on Sodium.

On the policy front, ASN's Public Policy Committee is finalizing comments on the National Institute Food and Agriculture (NIFA) Agriculture and Food Research Initiative (AFRI) Request for Applications for FY2011. AFRI is NIFA's flagship competitive grant program. Many of our members have expressed their thoughts, and this letter further outlines ASN's concerns.

Finally, for those of you who are planning travel for the next year, please make a note and save the date for **ASN's Advances and Controversies in Clinical Nutrition Conference**, to be held February 25-27, 2011, in San Francisco.

Upcoming Meetings

July 17-20. Institute of Food Technologists (IFT) [2010 Annual Meeting & Food Expo](#). Chicago, IL. Visit the ASN booth for a special gift!

Apply to be a Student Blogger

ASN is now accepting applications for the 2010-2011 class of student bloggers. Deadline to apply is June 18, 2010. E-mail dtavares@nutrition.org for more information.

Connect with ASN Online

Fan us on Facebook www.nutrition.org/facebook

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Listen to [ASN Podcasts](#) on cutting-edge science from our award-winning journals.

Visit the ASN Blog www.nutrition.org/blog

New Pubcast Videos

Three new videos feature authors of studies in *The Journal of Nutrition* discussing their work. Click on the link below to access them.

<http://www.scivee.tv/node/12517>

Topics include supplements & antioxidants, nutrition in older adults, diabetes, and obesity.

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Public Policy News

Congress feels the heat on Child Nutrition legislation, but other bills are likely to take precedence during the limited time before summer recess begins. A national physical activity plan is debuted, and FDA launches a safety reporting portal.

Read the [entire public policy newsletter](#).

ASN Scientific Sessions and Annual Meeting at Experimental Biology

Thank You for Attending EB 2010!

The 2010 ASN Scientific Sessions and Annual Meeting at Experimental Biology was a huge success. Over 2,000 of the top nutrition scientists converged on Anaheim, CA and helped prove once again that this meeting is the premier event in nutrition research!

ASN would like to thank each and every attendee of this year's conference. Your engagement, curiosity, passion, willingness to share and expertise are what make this event such an exciting experience for everyone involved. We hope that you enjoyed EB 2010 as much as we did.

We look forward to seeing you all from April 4-8, 2011, in beautiful Washington, DC for EB 2011. Keep checking www.experimentalbiology.com for more information about next year's conference.

EB2010 Recorded Sessions

Many of the EB2010 recorded sessions are now posted. All of the videotaped sessions will be available shortly. Several are provided to members only as an ASN member benefit.

[Visit the website to view the following:](#)

- Presidential Symposium
- W.O. Atwater Lecture
- Satellite Session on Diet and Phytonutrients for Metabolic Syndrome and Obesity
- Aging 2010, Parts I and II
- Science of Exercise for Obesity
- Dietary Regulation of microRNA Expression and Cancer Prevention
- Present and Emerging Clinical Applications of Amino Acids
- Nutrition and Health Disparities

Access the [Nutrition Notes Daily](#) to revisit highlights of the meeting

Featuring live coverage of scientific sessions, networking events and other activities, along with conference highlights, photos and other important

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information, the inaugural edition of [Nutrition Notes Daily](#) was a popular resource for EB 2010 attendees. Keep an eye out for the paper again at EB 2011 in Washington, DC!

Journal Highlights

The American Journal of Clinical Nutrition

[Maternal obesity and congenital heart defects: a population-based study](#)

[Intake of carbohydrates compared with intake of saturated fatty acids and risk of myocardial infarction](#)

[Comparing maternal and paternal intergenerational transmission of obesity risk in a large population-based sample](#)

[Folate and methionine metabolism in autism: a systematic review](#)

The Journal of Nutrition

[Pistachios increase serum antioxidants and lower serum oxidized-LDL in hypercholesterolemic adults](#)

[Anthocyanins are bioavailable in humans following an acute dose of cranberry juice](#)

[Community-level micronutrient fortification of school lunch meals improved vitamin A, folate, and iron status of schoolchildren in Himalayan villages of India](#)

Member Spotlight

- ASN Vice President **Sharon Donovan** was quoted in a study on breast milk compared with infant formula.
- **David Heber** was quoted in *The Los Angeles Times* regarding reducing trans fats.
- **Barry Popkin** received The Rank Prize from the UK Nutrition Society, its highest award, and will give the Rank lecture on June 29 in Edinburgh, Scotland titled "Contemporary nutritional transition: determinants of diet and its impact on body composition."

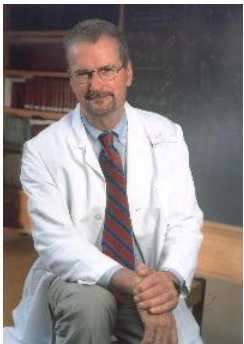
Have you received an award from your institution or other membership organization? Have you been quoted in the media or published a book recently? ASN is proud of its members and wants to know about such accomplishments. Send the information to Suzanne Price at sprice@nutrition.org to be featured in an upcoming newsletter.

9th Vahouny Dietary Fiber Symposium

The Vahouny Dietary Fiber Symposia, established by David Kritchevsky and Charles Bonfield in 1981, address the state of the science of dietary fiber research. ASN is pleased to co-sponsor the 9th Vahouny Fiber Symposium, which is truly a can't-miss conference for anyone working or conducting research in the area of dietary fiber. We look forward to seeing you in Bethesda next week, June 8-11.

[Registration is still available online.](#)

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Please send me your thoughts and ideas on improving ASN.

Sincerely,

Robert M. Russell, MD
President