

ASN Publications

August 2012 Media Alert: *The American Journal of Clinical Nutrition*

The following articles are being published in the August 2012 issue of *The American Journal of Clinical Nutrition* (AJCN), a publication of the American Society for Nutrition. [Full summaries and analyses](#) are available on the ASN website. Links to the articles are below.

Articles published in AJCN are embargoed until the article appears online either as in press (Articles in Press) or as a final version. The embargoes for the following articles have expired.

Researchers recommend early use of intravenous lipids for very small infants

Review of previously conducted, well-controlled clinical trials finds no adverse effect of intravenous lipid use in very-low-birth-weight infants.

Vlaardingerbroek H, Veldhorst MAB, Spronk S, van den Akker CHP, van Goudoever JB. [Parenteral lipid administration to very-low-birth-weight infants - early introduction of lipids and use of new lipid emulsions: a systematic review and meta-analysis](#). American Journal of Clinical Nutrition 2012;96:255-68.

Koletzko B. [Intravenous lipid emulsions for infants: when and which?](#) American Journal of Clinical Nutrition 2012;96:225-6.

In-school obesity prevention may be effective in lower-income countries

Researchers report that childhood obesity in low- and middle-income countries may be tackled, in part, by obesity prevention programs administered within the school.

Verstraeten R, Roberfroid D, Lachat C, Leroy JL, Holdsworth M, Maes L, Kolsteren PW. [Effectiveness of preventive school-based obesity interventions in low- and middle-income countries: a systematic review](#). American Journal of Clinical Nutrition 2012;96:415-38.

Baranowski T. [School-based obesity-prevention interventions in low- and middle-income countries: do they really work?](#) American Journal of Clinical Nutrition 2012;96:227-8.

Traditional math used to estimate caloric content of foods reevaluated

Values used historically to predict food calories found to significantly overestimate caloric content of almonds.

Novotny JA, Gebauer SK, Baer DJ. [Discrepancy between the Atwater factor predicted and empirically measured energy values of almonds in human diets](#). American Journal of Clinical Nutrition 2012;96:296-301.

Healthy prepregnancy diet may reduce risk of developing diabetes during pregnancy

Upcoming Events

August 9-10. [Human Performance & Dietary Supplements Summit](#).
Bethesda, MD.

View [all events online](#).

Journal Links

[The American Journal of Clinical Nutrition](#)

[The Journal of Nutrition](#)

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Author Videos

Consumption of several dietary patterns promoted for better overall health found to be related to lower risk of gestational diabetes in subsequent pregnancy.

Tobias DK, Zhang C, Chavarro J, Bowers K, Rich-Edwards J, Rosner B, Mozaffarian D, Hu FB. [Prepregnancy adherence to dietary patterns and lower risk of gestational diabetes mellitus](#). American Journal of Clinical Nutrition 2012;96:289-95.

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