



American Society for Nutrition  
*Excellence in Nutrition Research and Practice*  
 www.nutrition.org

## Greetings from the President: Robert M. Russell, MD

We are very pleased to announce the [Living Legends video](#) from the IUNS Congress in Bangkok is now available. Congratulations to these distinguished American nutrition scientists for their lifelong achievements.

ASN recently issued a [statement on the President's FY2011 Budget](#). We are pleased that President Obama proposed a \$23 million increase for NCHS and the largest funding level ever for AFRI, the Agriculture and Food Research Initiative.

ASN leadership continues to meet with key Administration officials. The next meeting will be with the Acting Undersecretary for Research at USDA, Molly Jahn, and NIFA Director Roger Beachy.

As the ASN Annual Meeting and Scientific Sessions draws near, I'd like to highlight ten of the top events for ASN members. Please see the list at right for details on the Presidential Symposium I am co-chairing, our Member Reception, Business Meeting, and more.

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## Public Policy News

## Top 10 at EB 2010

**ASN Presidential Symposium** Sponsored by Danone: Transcriptional Controls of Energy Sensing  
 Sunday 4/25, 8-10 am

**Satellite Session** Presented by Metagenics, Inc.  
 Friday, 4/23, 8-12 pm

**Satellite Session** Presented by General Mills Bell Institute of Health and Nutrition  
 Friday, 4/23 1-5 pm

**The E.V. McCollum International Lectureship in Nutrition**  
 Sunday 4/25 12:45-1:45 pm

**The Atwater Lecture**  
 Tuesday 4/27, 12:45-1:45 pm

**Policy Session:** The USDA National Institute of Food and Agriculture and a New Roadmap for Agricultural Research: An Update from the Director Monday 4/26 12:45-1:45PM

**ASN Member Reception & University Mixer**  
 "A Slice of Orange County"  
 Saturday, 4/24 8-10pm

**ASN Business Meeting**  
 Monday, 4/26, 5:30-6:30 pm

**ASN Awards Ceremony**  
 Sunday, 4/25, 5:30-7:00 pm

**ASN Graduate Student Breakfast**  
 Sponsored by the National Dairy Council  
 Sunday, 4/25, 7:00-8:00 am

After a "game changing" senatorial election in Massachusetts, Congress reconsiders the approach to health care reform. President Obama delivers his first State of the Union address and releases his fiscal year (FY) 2011 budget request. First Lady Michelle Obama launches efforts to combat childhood obesity as the new Surgeon General issues a "vision" for the health of the nation.

Read the [entire public policy newsletter](#).

## ASN Scientific Sessions and Annual Meeting at Experimental Biology



Take advantage of early registration for the ASN Scientific Sessions and Annual Meeting at Experimental Biology (EB) 2010! **The early bird discount ends February 24, 2010.** [Register today](#) to save \$75.

**Late-breaking abstract submission closes February 24, 2010.** Late-breaking abstracts for EB 2010 are being accepted for the following topic categories:

- 300-Biochemistry of Vitamins and Minerals
- 301-Energy and Nutrient Metabolism
- 302-Human and Clinical Nutrition
- 303-Metabolic and Disease Processes

When submitting your abstract, be sure to include the correct topic code and ASN as your society. Full EB 2010 late-breaking abstract submission instructions and guidelines are available [online](#).

**The last day to make hotel reservations at the discounted convention rate is March 19, 2010.** We strongly encourage you to make your reservations early, as the ASN headquarters hotel, the Hilton Anaheim, will sell out quickly.

For more information and to reserve your room, visit the [official EB 2010 website](#).

### Scientific Session Highlights

Featured Symposia:

#### **Sunday 8:00am-10:00am Presidential Symposium: Transcriptional Controls of Energy Sensing**

Along with Johan Auwerx, MD, PhD, symposium co-chair and recipient of the 2009 Danone International Prize for Nutrition, ASN President Robert M. Russell will convene four presentations on Transcriptional Controls of Energy Sensing, addressing the following key areas:

Transcription Factors: Metabolic Sensors for Nutrients and the Environment  
*Johan Auwerx, MD, PhD*

Energy Sensing by the AMP-activated Protein Kinase  
*David Grahame Hardie, MD*

Nutrient Sensing in Skeletal Muscle: Implications for Type 2 Diabetes  
*Juleen Zierath Karolinksa, MD*

Actions of FGF21, a Novel Metabolic Factor Regulated by Nutritional Status  
*Eleftheria Maratos-Flier, MD*

#### **Monday 3:00pm-5:00pm Symposium: Sodium in the Food Supply: Challenges and Opportunities.** Chairs: Douglas DiRienzo and Eric Hentges

American consumers have long been advised by governmental and some professional organizations to moderate sodium intake in order to improve blood pressure. The session will include the presentation of new data on sodium and potassium intake levels as well as sources of these two nutrients. Speakers will also discuss the latest knowledge on how salt

## Upcoming Meetings

**February 22-24.** [Lactose Intolerance and Health](#) Free. NIH Campus, Bethesda, MD

**March 3-6.** American Association for Dental Research (AADR) [Annual Meeting](#). Washington, DC. Visit the ASN booth for a special gift.

**March 10-14.** American Medical Student Association (AMSA) [60th Annual Convention](#). Anaheim, CA. Attend the ASN session on food safety.

## Connect with ASN Online

Become our friend on Facebook [www.nutrition.org/facebook](http://www.nutrition.org/facebook)

Listen to [ASN Podcasts](#) on cutting-edge science from our award-winning journals.

Follow us on Twitter. [www.nutrition.org/twitter](http://www.nutrition.org/twitter)

## MARC Travel Awards

ASN offers minority student travel awards for the ASN Scientific Sessions and Annual Meeting at Experimental Biology each year, in partnership with FASEB Minority Access to Research Careers (MARC). Students can be reimbursed up to \$1850. Applicants must submit an abstract and be a member of ASN.

The 2010 [application is online](#), and deadline is **Feb. 23**. Contact Katrina Dunn for more information (301-634-7043) or [kld@nutrition.org](mailto:kld@nutrition.org).

## Apply for Student Travel Award

The Student Interest Group 2010 travel award [application is now available](#). Deadline to apply is March 12th.

taste develops, the economic impact of a low sodium diet and low sodium products in the food supply, as well as address emerging opportunities and challenges facing food manufacturers as they strive to meet the demands of the public health community and consumers. This session is also timely as the report of the current IOM Panel on Strategies to Reduce Sodium Intake is expected to be released in February 2010.

### EB 2010 Sponsors Needed!

If you think your company or organization might benefit from sponsoring a networking reception, symposium, or other event at EB 2010, visit the [website](#) for more information.

## Journal Highlights

### The American Journal of Clinical Nutrition

[A systematic survey of sodium contents of processed foods](#)

[Estimation of the diet-dependent net acid load in 220 worldwide historically studied hunter-gatherer societies](#)

[Diet dependent acid load, Paleolithic nutrition, and evolutionary health promotion](#)

[Reproducibility of ad libitum energy intake with the use of a computerized vending machine system](#)

[Consumption of sodium and salted foods in relation to cancer and cardiovascular disease: the Japan Public Health Center-based Prospective Study](#)

### The Journal of Nutrition

[Food insecurity is associated with chronic disease among low-income NHANES participants](#)

[Weight gain in the first two years of life is an important predictor of schooling outcomes in pooled analyses from five birth cohorts from low- and middle-income countries](#)

[Introduction: the development and legacy of the INCAP Oriente studies 1969-2009](#)

## Member Spotlight

- **Helen C. Brittin, PhD**, has published a new book titled, *The Food and Culture Around the World Handbook*.
- **Alice Lichtenstein DSc**, was quoted by *The Boston Globe* on salt consumption.

*Have you received an award from your institution or other membership organization? Have you been quoted in the media or published a book recently? ASN is proud of its members and wants to know about such accomplishments. Send the information to Suzanne Price at [sprice@nutrition.org](mailto:sprice@nutrition.org) to be featured in an upcoming newsletter.*

## Webinar on Nutrient Intake and Bone Status

Dr. Katherine Tucker of Tufts University will present on nutrient intake and bone status using a series of analyses with the Framingham Osteoporosis Study as part of the ASN Nutritional Epidemiology Research Interest Section Research Leader Webinar Series. Learn what Dr. Tucker is doing to stay on the cutting edge of nutritional epidemiology research, and get an opportunity to seek advice to help your own research efforts.

The live webinar will take place March 11, 1:00-2:00 pm EST. Email Regan Bailey at [bailey@mail.nih.gov](mailto:bailey@mail.nih.gov) to register.

## Register before March 17 for ASN/AACE Symposium

## 'Breakthrough' Ideas Needed

Submit an idea for FASEB's *Breakthroughs in Bioscience*, a series of essays that illustrate recent breakthroughs in biomedical research and their importance to society. We especially seek nutrition-related submissions. Please send your ideas to [sprice@nutrition.org](mailto:sprice@nutrition.org)

Read more about this series on the [FASEB website](#).



[Register Now](#)

ASN and the American Association of Clinical Endocrinologists (AACE) are presenting the symposium *Therapeutic Diets for Cardiometabolic Disorders: What is the Evidence?* in Boston on April 21, 2010. [Register before March 17 for a special rate](#). Topics include low carb-high protein diets for obesity, antioxidants and vascular inflammation, diets for heart disease prevention and treatment and diet and exercise for sarcopenia and cachexia. Continuing medical education (CME) credit will be available. This activity is designated for AMA PRA Category 1 CME Credit.

## 9th Vahouny Dietary Fiber Symposium

The [9th Vahouny Dietary Fiber Symposium](#), cosponsored by ASN, will be held in Bethesda, MD (metro Washington, DC), June 8-11, and feature a complete science review of dietary and functional fibers.

Please contact Dr. Susan Cho at NutraSource Research at [sscho397@yahoo.com](mailto:sscho397@yahoo.com) or call 410-531-3336 if you are interested in submitting an abstract. The deadline is February 27.

## Test Item Writing Workshop at EB2010

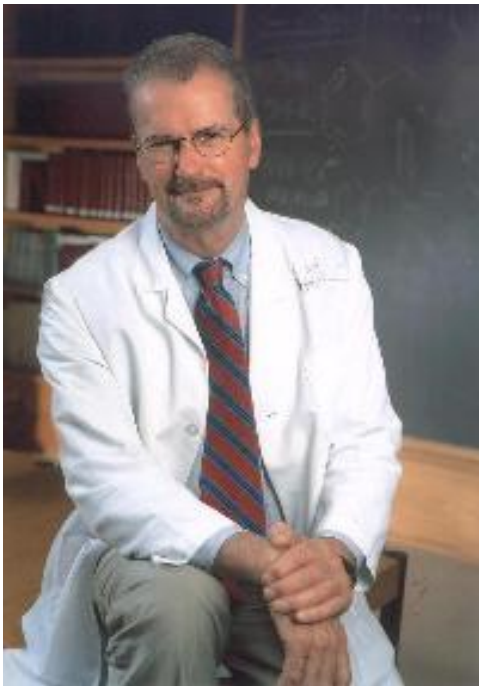
ASN is offering a special benefit to ASN members who attend the 2010 ASN Scientific Sessions and Annual Meeting at Experimental Biology: a three-hour National Board of Medical Examiners (NBME)/United States Medical Licensing Examination (USMLE) Item Writing Workshop.

At the conclusion of the workshop, participants will be able to

- Recognize, correct and avoid commonly occurring technical flaws in multiple choice question (MCQ) phrasing
- Write (and rewrite) MCQs assessing application of knowledge to clinical situations rather than recall of isolated basic science facts
- Participate effectively in group review of MCQs

It will be held at the 2010 ASN Scientific Sessions and Annual Meeting at Experimental Biology, in Anaheim, CA, Monday, April 26, 2:00-5:00 pm.

Registration is limited and is first-come, first-served. Apply now at <http://www.surveymonkey.com/s/FY3H6Y2>. A confirmation email with the room and additional details will be sent to the selected workshop participants the week of April 5. You must be attending the 2010 ASN Scientific Sessions and Annual Meeting at Experimental Biology to be eligible.



Please send me your thoughts and ideas on improving ASN.

**Sincerely,**

Robert M. Russell, MD  
President