



Thursday, December 8

Registration & Continuing Education Desk Hours: 9:00 am – 6:00 pm

Satellite Program: Hands-On Culinary Medicine Workshop (11:00 am – 2:00 pm): Disease Implications of Diet: An Introduction to Culinary Medicine *(separate registration required)*

A partnership between the Goldring Center for Culinary Medicine and the American Society for Nutrition sponsored by the Egg Nutrition Center

Opening Session (1:30 pm – 5:35 pm)

Kelly A. Tappenden, PhD, RD, Course Director, University of Illinois at Urbana-Champaign, Urbana, IL

- **Welcome, Opening Remarks, Sponsor Acknowledgment, Accreditation Overview**
Kelly A. Tappenden, PhD, RD, University of Illinois at Urbana-Champaign
- **New Insight on Benefit of Breast-feeding: Endogenous Pre and Probiotics in Breast Milk**
David A. Mills, PhD, University of California- Davis
- **Treating Sarcopenia in Patients with Cancer**
Carla M. Prado, PhD, University Alberta
- **Weight Management in the Cancer Survivor**
Wendy Demark-Wahnefried, PhD, RD, University of Alabama
- **Aging and Cognition**
Barbara Shukitt-Hale, PhD, Tufts University

ACCN16 Oral Abstract Presentations (4:50 pm – 5:35 pm)

Exhibit Hours (1:00 pm-7:30 pm)

Satellite Program: Hands-On Culinary Medicine Workshop (6:00 – 9:00 pm): Cancer Nutrition: Prevention and Diet after Diagnosis *(separate registration required)*

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Opening Reception and Poster Session (6:00 pm – 7:30 pm)

Friday, December 9

Registration & Continuing Education Desk Hours: 6:45 am – 6:00 pm

Morning Sessions (8:30 am – 12:15 pm)

Salt Intake and Health: The Dilemma of Determining the Correct Amount

- **American Heart Association’s View on Sodium Consumption**
Daniel W. Jones, MD, University of Mississippi Medical Center
- **Sodium and Health: The Paradigm Shifts from Public Health to Clinical Medicine**
Michael H. Alderman, MD, Albert Einstein College of Medicine
- **New Insights on Sodium and Metabolism: Not as Simple as We Thought**
Friedrich C. Luft, MD, Vanderbilt University and Charité Medical Faculty, Berlin
- **Next Steps & Panel Discussion: Clinical Recommendations and Future Directions**
Moderator: David Seres, MD, Columbia University
- **Observational Studies vs RCT’s in Nutrition: What are the tradeoffs?**
John Ioannidis, MD, Stanford Prevention Research Center
- **Congestive Heart Failure: Best Practices for Nutrition Therapies in an Aging Population**
Scott L. Hummel, MD, MSc, University of Michigan

Satellite Program: Hands-On Culinary Medicine Workshop (11:00 am – 2:00 pm): Hypertension and Nutrition: Low Sodium Diets and Flavor Building (separate registration required)

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Lunch, Poster Viewing and Exhibits (12:15 pm – 2:15 pm) - Posters hung until 4:00 pm

Sponsored by Herbalife Nutrition

Afternoon Session (2:15 – 5:15 pm)

- **SCCM and ASPEN Guidelines for the Provision and Assessment of Nutrition Support Therapy in Adult Critically Ill Patients**
Stephen A. McClave, MD, University of Louisville
- **Debate: Is Malnutrition Treatable in the Hospital Setting?**
David Seres, MD, Columbia University
Kelly A. Tappenden, PhD, RD, University of Illinois at Urbana-Champaign
- **Hospital Based Nutrition Support – Practical Application**
Jill Cherry-Bukowiec, MD, MS, University of Michigan Health Systems
- **Nutrition and Cancer: Myths vs. Realities**
Colleen Doyle, MS, RD, American Cancer Society

ACCN16 Oral Abstract Presentations (5:30 pm – 6:00 pm)

Satellite Program: Hands-On Culinary Medicine Workshop (6:00 – 9:00 pm): Protein, Amino Acids, Vegetarian Diet, Eating Disorders (separate registration required)

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Saturday, December 10

Registration & Continuing Education Desk Hours: 6:45 am – 1:45 pm

Morning Session (8:30 am – 12:00 pm)

- **Nutritional Management of Gestational Diabetes Mellitus: Based on Fact or Fiction?**
Alyce Thomas, RD, St Joseph's Regional Medical Center
- **Prevention and Treatment of Perimenopausal Weight Gain**
Zhaoping Li, MD, PhD, University of California – Los Angeles
- **Nutrition Therapy for Osteoporosis**
Connie M. Weaver, PhD, Purdue University
- **Panel Discussion - Nutrition and Women's Health**
Moderator: Kelly A. Tappenden, PhD, RD, University of Illinois at Urbana-Champaign
- **New Approaches for the Prevention of Peanut Allergies in the U.S.**
George J. Fuchs, III, MD, University of Kentucky College of Medicine

Afternoon Session (1:30 – 4:00 pm)

- **Gluten Sensitivity: Knowns and Unknowns**
Benjamin Lebwohl, MD, MS, The Celiac Disease Center at Columbia University
- **Overweight and Obesity: Impact Upon Health and Mortality Outcomes**
Gordon L. Jensen, MD, PhD, University of Vermont College of Medicine
- **Nutritional Considerations for Insulin Resistance and Associated Conditions**
Michael M. Rothkopf, MD, National Board of Physician Nutrition Specialists

Closing Remarks (3:45 pm – 4:00 pm)

Marian L. Neuhouser, PhD, RD, President, American Society for Nutrition