



**Message From the President:
Simin Nikbin Meydani, DVM, PhD**

We are just weeks away from ASN's [Scientific Sessions & Annual Meeting](#), which kicks off March 28 in my city of Boston! If you haven't looked at the [program](#), I encourage you to start making an itinerary. There are many exciting sessions and special events to attend. Plus, there are a variety of [sponsored satellite programs](#) that are planned and conducted by external groups in conjunction with ASN's Scientific Sessions - see the sidebar for days/times. There will also be several interesting [international forums](#).

ASN's Board of Directors will be meeting in Boston; if you have any items you'd like us to consider at this gathering, I encourage you to [email me](#). Please note, this year the **Society Annual Business Meeting** will be held earlier than in the past: on **Saturday, March 28, 3:30-5:00 pm**. We are hoping to draw more attendees to this earlier time frame, which will also be more interactive in nature.

If you have not had a chance to read the report from ASN's Independent Meeting Transition Team, [here is that link](#). I encourage everyone to review the document which summarizes the team's vision.

Finally, don't miss the opportunity to [provide comments](#) by March 10 on the FASEB framework report, "Sustaining Discovery in the Biological and Medical Sciences." They are seeking the viewpoints of nutrition science investigators.

I look forward to seeing you all in Boston!

Simin Nikbin Meydani, DVM, PhD
ASN President



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Membership News

ASN announces ASN/CNS Joint Membership Opportunity

ASN is now offering ASN members in Canada, who are not current members of the Canadian Nutrition Society (CNS), the opportunity to belong to both societies at a special dues rate of \$220 (CDN 240).

Upcoming Deadlines

February 15. ASN Global Nutrition Council [Travel Award: Early-Career Faculty/Researcher in Low- or Middle-Income Country](#).

February 16. ASN [Clinical Nutrition Internship Program](#).

February 23. EB 2015 [discounted housing](#).

March 1. [FASEB Excellence in Science Award](#) nomination.

March 2. [Nutrition Notes Daily at EB](#) ad deadline.

April 10. [EB 2016 symposia/lecture proposals](#).

May 1. [King Faisal International Prize](#) for Medicine nomination.

Upcoming Meetings

February 26-28. [Southern Society for Clinical Investigation's](#) Southern Regional Meeting. New Orleans, LA.

March 2-6. [John Milner Nutrition & Cancer Prevention Practicum](#). Rockville, MD.

March 24. [FDA Webinar:](#) Nutrition Labeling of Standard Menu Items in Restaurants.

March 27. Sponsored Satellite at EB: [Whole-Milk Dairy Foods in Nutrition and Health: An Evaluation of the Current State of the Science](#). Organized and sponsored by the National Dairy Council. 8:30-12:00 pm.

ASN/CNS Joint Members will receive benefits from both ASN and CNS (to learn more about CNS member benefits, visit www.cns-scnc.ca). Please note that the ASN/CNS Joint Membership offering is only available to new CNS members in 2015. Joint Membership will become available to ASN members who are current CNS members in 2016. If you are an ASN member in Canada and interested in joining the CNS, please contact mem@nutrition.org to upgrade your membership.

Annual Meeting

Scientific Sessions and Annual Meeting at Experimental Biology 2015

ASN's 79th Scientific Sessions and Annual Meeting is just two months away! The meeting will take place March 28-April 1 in Boston, Mass. The headquarters hotel for ASN is the Renaissance Boston Waterfront. The Renaissance is a 10-minute drive from Logan International Airport and is easily accessible by public transportation. Free shuttle service will be provided to hotels in the EB 2015 housing block. See the complete [route schedule](#).

Highlighted Sessions

[Translational and Transformational Concepts in Amino Acid Sensing](#)

Chairs: Susan Hutson, PhD, Virginia Polytechnic Institute and Tracy G. Anthony, PhD, Rutgers University
Sunday, March 29, 8:00-10:00 am

This symposium provides a forum to hear the newest explorations into amino acid sensing at the level of the tissue/organ, the cell surface, the ribosome and the nucleus, and how this information is improving prevention and/or treatment of disease.

[Resistant Starch, Microbiota and Gut Health](#)

Chair: Diane F. Birt, PhD, Iowa State University
Wednesday, April 1, 8:00-10:00 am

The focus will be on developing resistant starch, a form of dietary fiber, for reducing the risk of human colon disease. This symposium will provide valuable information to scientists in industry and academia targeting plant modifications for health; and microbiologists, nutritionists, and food scientists working in areas of diet and gut health.

Download the ASN [Program-at-a-Glance](#) and start planning your time at the meeting now! While you're on the meeting website, visit the [Special Events page](#), with the latest information about the Research Interest Sections, competitions, and special Society programs. There are more than 50 hours of CPE available for dietitians.

Museums in Boston

Take a break from the science to visit one of the area's exciting museums. Boston is home to the Museum of Fine Arts, the Museum of Science, the Boston Children's Museum, the New England Sports Museum, the Institute of Contemporary Art, the Isabella Stewart Gardner Museum, and [many more!](#)



EB 2016: Call for Proposals

ASN's Scientific Sessions at Experimental Biology in 2016 takes place April 2-6 in San Diego, CA. The Scientific Program Committee is accepting proposals for scientific symposia, plenary lectures and education track sessions. The deadline for 2016 [proposals](#) is **April 10, 2015**.

Public Policy News

President Obama announced a new nationwide [Precision Medicine Initiative](#) that is an emerging approach to treating illnesses that takes into account a patient's individual genetic make-up as well as molecular subtypes of diseases to permit tailoring treatments to each patient's individual illness for better chance of success.

ASN [applauded Obama's proposal](#) to increase funding for federal agencies and programs which support nutrition research, basic research, food safety, food security, and childhood obesity prevention. ASN offers strong

March 27. Sponsored Satellite at EB: [Science and Policy: Adopting a Fruitful Vegetable Encounter for Our Children](#). Organized and sponsored by the Alliance for Potato Research and Education. 1:00-5:00 pm.

March 27. Sponsored Satellite at EB: [Neural - Physiologic Mechanisms Regulating Sodium Appetite](#). Organized and sponsored by the Grocery Manufacturers Association. 1:00-5:00 pm.

March 28. Sponsored Satellite at EB: [Sweeteners and Health: Current Understandings, Recent Research Findings and Directions for Future Research](#). Organized and sponsored by the Rippe Lifestyle Institute. 6:30-8:00 am.

March 28. Sponsored Satellite at EB: [Body Water Regulation: Vasopressin as New Predictor of Disease Risk?](#) Organized and sponsored by Danone Nutricia Research. 6:30-8:00 am.

March 28. Sponsored Satellite at EB: [3rd Global Summit on the Health Effects of Yogurt: Yogurt Consumption and Weight Management](#). 12:45-2:45 pm.

March 29. Sponsored Satellite at EB: [Running on Empty - Is There a Metabolic or Cognitive Benefit to the Morning Meal?](#) Organized and sponsored by the Kellogg Company. 6:30-8:00 am.

March 29. Sponsored Satellite at EB: [Oats- More Than Just a Whole Grain](#). Organized and sponsored by PepsiCo Global R&D Nutrition. 6:30-8:00 am.

March 30. Sponsored Satellite at EB: [Breakfast Bioactives](#). Organized and sponsored by PepsiCo, Inc. 6:30-8:00 am.

March 30. Sponsored Satellite at EB: [A Healthy Approach to Dietary Fat Consumption](#).

support for the President's proposed increase in fiscal year (FY) 2016 funding for the Agriculture and Food Research Initiative (AFRI) under the U.S. Department of Agriculture's National Institute for Food and Agriculture. In addition, ASN supported the proposed \$1 billion increase for NIH.

ODS Requests Feedback on Plan

NIH's Office of Dietary Supplements is beginning the process for a new strategic plan for 2015-2019. They are seeking input to inform decisions about future investments. ODS asks ASN members to review the [2010-2014 Progress Report](#) and consider whether ODS is meeting its stakeholders' needs and what should be prioritized. [Email your](#) comments by March 6.

Visit the [ASN website](#) to read the entire policy update.

Journal Highlights

Accessing ASN Journals Online (AJCN, JN, Advances in Nutrition)

Effective in 2015, ASN implemented a new feature for direct access to ASN journals. The feature is called "role-based access control" (RBAC), and it works as a direct link from the Member Dashboard to the journals. If you encounter an access control page requesting you to log in for access to ASN journals, your institution may not have an active subscription to the journal you are trying to access, or you are not logged in. Please log-in to your ASN Member Dashboard at www.nutrition.org. From the Dashboard, select "Access ASN Journals" which will take you to the landing page for ASN Journals. Select the journal you would like to access and you will be recognized as ASN Member. You should now have full access to ASN journals. For detailed instructions, please visit our [help page](#).

Recommend ASN Journals to your Institutional Library

Please use the [Journal Recommendation Form](#) for your library to subscribe to the premier journals in the field of nutrition:

- *The American Journal of Clinical Nutrition (AJCN)* - Impact Factor: 6.918
- *The Journal of Nutrition (JN)* - Impact Factor: 4.227
- *Advances in Nutrition (AN)* - Impact Factor: 4.891

If you prefer, email journal@nutrition.org, and we can complete the form for you.

Advances in Nutrition

The January/February 2015 [issue](#) of *Advances in Nutrition*, ASN's international review journal, sheds new light on key issues in nutrition and human health. It helps us understand what we know and where we need to focus future research efforts in order to improve human nutrition and health outcomes.

Countering the argument that fruit juices are merely sugar-sweetened beverages, Hyson points to recent evidence linking [100% fruit juice consumption](#) to positive outcomes in both preventing and managing such diseases as cancer, cardiovascular disease, hypertension, inflammation, and urinary tract infection.

Marczinski explores the growing trend of [mixing alcohol with energy](#) drinks, which appears to fuel the urge for more alcohol. She concludes that "further research on alcohol mixed with energy drinks may elucidate the underlying mechanisms that contribute to alcohol dependence."

The American Journal of Clinical Nutrition

Read the [media alert](#) for summaries.

- *New health benefits of dairy products*
- *Aerated drinks increase gastric volume and reduce appetite as assessed by MRI: a randomized, balanced, crossover trial*

The Journal of Nutrition

Summaries and analyses of this study and accompanying commentary are found in the [media alert](#).

- *Supplemental Nutrition Assistance Program participation is associated with an increase in household food security in a national evaluation*
- *Whole grain oats improve insulin sensitivity and plasma cholesterol profile and modify gut microbiota composition in C57BL/6J mice*

Understanding the Science and Taking Action to Clear Up Consumer Confusion.

Organized and sponsored by the Hass Avocado Board. 6:30-8:00 am.

March 31. Sponsored Satellite at EB: Pairing Nuts and Dried Fruit for Cardiometabolic Health.

Organized and sponsored by the Sun-Maid Growers of California & American Pistachio Growers. 6:30-8:00 am.

March 31. Sponsored Satellite at EB: Smart Snacking: When Science Meets Nutrition.

Organized and sponsored by PepsiCo, Inc. 6:30-8:00 am.

March 28-April 1. ASN Scientific Sessions & Annual Meeting at EB 2015. Boston, MA.

April 1. Sponsored Satellite at EB: National Food and Nutrition Policy: Balancing the Role of Research, Nutrition Science and Public Health.

Organized and sponsored by the Corn Refiners Association. 6:30-8:30 am.



Advertise with ASN

Advertising opportunities with ASN include the ASN monthly e-newsletter, medical nutrition e-newsletter, on-site convention newspaper at EB, and the ASN job board. Visit our [advertising page](#) to learn about all available opportunities to

reach our membership of more than 5,000!

Member Spotlight

- **Dr. Adrienne Bendich**, Nutrition and Health Series Editor for Springer/Humana Press announces the publication of a two-volume text entitled, *Branched-Chain Amino Acids In Clinical Nutrition*, edited by Drs R. Rajendram, VR Preedy and VB Patel.
- The International Nut and Dried Fruit Council will award **Dr. Penny Kris-Etherton** their 2015 Award for Excellence in Research in May.
- [Browse the list of members who joined ASN in January 2015.](#)

Have you received an award, been quoted in the media or published a book recently? ASN is proud of its members and wants to know about such accomplishments. Send the information to Suzanne Price at sprice@nutrition.org to be featured in an upcoming newsletter.

[Forward to a Colleague](#)



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