



American Society for Nutrition  
*Excellence in Nutrition Research and Practice*  
[www.nutrition.org](http://www.nutrition.org)

## Greetings from the President: Robert M. Russell, MD

As we edge closer toward the ASN Annual Meeting, I'd like to update members on several recent developments. First I'd like to welcome Teresa Davis, who won the recent election and will take office as Vice President-Elect in June. Thank you to all who participated in this process. Second I would like to send my thanks to all who responded to the Call for Volunteers. The turnout was very strong and this is a tribute to the importance of ASN's work and our standing within the nutrition and health community. Finally, for those of you who are planning travel for the next year, please make a note and save the date for ASN's first ever Clinical Nutrition Conference, to be held Feb. 25-27, 2011, in San Francisco. Topics include supplements, nutrition in older adults, diabetes, and obesity.

I look forward to seeing many of you in Anaheim! This year I have several meetings at EB with international nutrition societies, including Britain, China, Korea, and Vietnam. ASN continues to be forward-thinking in how we can collaborate with our international partners.

Don't forget, the **ASN National Dialogue on Sodium**, set for May 19th at The National Press Club in Washington DC, is open for registration. [View the speakers and register online](#). We are pleased to offer 2 CPE credits for registered dietitians at no additional cost beyond registration. Due to high interest among non-local participants, we are considering a live webcast of this event. If you are interested, please email [sprice@nutrition.org](mailto:sprice@nutrition.org).

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## Top 10 at EB 2010

### ASN Presidential

**Symposium** Sponsored by Danone: Transcriptional Controls of Energy Sensing Sunday 4/25, 8-10 am

**Satellite Session** Presented by Metagenics, Inc. Friday, 4/23, 8-12 pm

**Satellite Session** Presented by General Mills Bell Institute of Health and Nutrition Friday, 4/23 1-5 pm

**The Atwater Lecture** Tuesday 4/27, 12:45-1:45 pm

**Policy Session: The USDA National Institute of Food and Agriculture** and a New Roadmap for Agricultural Research: An Update from the Director Monday 4/26 12:45-1:45PM

**ASN Member Reception & University Mixer** "A Slice of Orange County" Saturday, 4/24 8-10pm

**ASN Business Meeting** Monday, 4/26, 5:30-6:30 pm

**ASN Awards Ceremony** Sunday, 4/25, 5:30-7:00 pm

**ASN Graduate Student Breakfast** Sponsored by the National Dairy Council Sunday, 4/25, 7:00-8:00 am

**Councils and Research Interest Sections Business Meetings, Sessions and Social Events** Various dates



## Public Policy News

Congress is in recess for a couple of weeks but things aren't slowing down in Washington. Policy wonks and pundits continue to make sense of the recently-passed health care reform bill, while the FY 2011 appropriations season gets underway. NIAID seeks input on food allergy guidelines.

Read the [entire public policy newsletter](#).

## ASN Scientific Sessions and Annual Meeting at Experimental Biology



It's not too late to register for EB 2010! Join us in sunny Anaheim for pre-conference sessions on April 23 and for EB from April 24-28. Our annual meeting is guaranteed to be the most comprehensive, informative event in nutrition science. [Advanced registration is still open](#), with an ASN member rate of only \$325.

### Scientific Session Highlight: The Atwater Lecture, Tuesday, April 27, 12:45-1:45 pm

The Lectureship was established in 1968 to honor the memory of Wilbur Olin Atwater (1844-1907) and to recognize scientists who have made unique contributions toward improving the diet and nutrition of people around the world. Atwater, considered the father of modern nutrition research and education, was the U.S. Department of Agriculture's first chief of nutrition investigations. This year's lecture, titled "Retinoids and Carotenoids: A Journey in Human Biology," will be given by ASN President Robert M. Russell, MD.

### ASN Member Reception and University Mixer, "A Slice of Orange County"

Join us on the Lanai Deck of the Hilton Anaheim on Saturday, April 24 from 8-10 pm as we enjoy some of the best that Southern California has to offer! With fresh local food, delicious drinks and live music from one of the best beach bands in the country, [The Eliminators](#), this event is going to a highlight of EB 2010. Make plans to attend and catch up with friends, classmates and alumni from across the country as we kick off EB 2010! The 1st Annual Volunteer of the Year Award and the 3rd Annual Sustaining Member Committee Award of Distinction will be presented.

## ASN Announces New Reviews Journal

ASN is pleased to announce the launch of *Advances in Nutrition*, a new bimonthly journal dedicated to publishing high-profile, state-of-the-science reviews in all aspects of the nutritional sciences. *Advances in Nutrition* will be available online with the first issue published in November, 2010. An optional print version will also be available. The publication will be provided to all ASN members as a member benefit.

As the pace of research in the nutritional sciences continues to accelerate, *Advances in Nutrition* responds to the need for a publication that enables readers to contextualize the latest findings by presenting the current state of knowledge in all facets of the field. These reviews will also highlight where more research is needed and point to the future of the nutritional sciences. *Advances in Nutrition* will actively solicit and publish reviews from around the world, offering global perspectives in all areas of research and clinical practice. We encourage all ASN members to suggest topics, recommend authors, and submit their own reviews.

Founding Editor John W. Suttie, Professor Emeritus at the University of Wisconsin-Madison, is an internationally recognized nutritional biochemist responsible for much of our current knowledge of the biochemistry and nutritional importance of vitamin K and fluoride. A

and times, please check program book for details.

## Upcoming Meetings

**May 7-11.** American Association of Immunologists (AAI) [97th Annual Meeting](#). Baltimore, MD. Visit the ASN booth for a special gift!

**May 18.** ASN Volunteer Leader Summit. Bethesda, MD. *Volunteer leaders for ASN's committees, councils and RIS should have received program details. Please contact [kld@nutrition.org](mailto:kld@nutrition.org) with questions.*

## EB Satellite Symposium: Metabolic Syndrome

**Free Pre-EB 2010 Satellite Scientific Sessions Open to ALL!**

**SATELLITE SYMPOSIUM**  
**Metabolic Syndrome and Obesity**

**Metagenics**

## Connect with ASN Online

Fan us on Facebook [www.nutrition.org/facebook](http://www.nutrition.org/facebook)

Follow us on Twitter [www.nutrition.org/twitter](http://www.nutrition.org/twitter)

Listen to [ASN Podcasts](#) on cutting-edge science from our award-winning journals.

Visit the ASN Blog [www.nutrition.org/blog](http://www.nutrition.org/blog)

## EB Satellite Symposium: Whole Grains

leading advocate for nutritional and biomedical sciences and a member of the National Academy of Sciences, Dr. Suttie has served as President of the Council of the American Society of Nutritional Sciences (a predecessor society to ASN) as well as President and Board Chairman of the Federation of American Societies for Experimental Biology (FASEB) and as Editor of *The Journal of Nutrition*.

In keeping with the ASN's commitment to attract potential authors for the publication, *Advances in Nutrition* will not assess manuscript submission fees nor page charges. For more information, please contact ASN Director of Publications, Karen King, [kking@nutrition.org](mailto:kking@nutrition.org).

## Journal Highlights

### **The American Journal of Clinical Nutrition**

[Low-fat dietary pattern and lipoprotein risk factors: the Women's Health Initiative Dietary Modification Trial](#)

[The WHI joins MRFIT: a revealing look beneath the covers](#)

[Docosahexaenoic acid supplementation increases prefrontal cortex activation during sustained attention in healthy boys: a placebo-controlled, dose-ranging, functional magnetic resonance imaging study](#)

[The DIAMOND Study: a double-masked, randomized controlled clinical trial of the maturation of infant visual acuity as a function of the dietary level of docosahexaenoic acid](#)

[Effects of coffee consumption on subclinical inflammation and other risk factors for type 2 diabetes: a clinical trial](#)

[Reducing obesity in early childhood: results from Romp & Chomp, an Australian community-wide intervention program](#)

### **The Journal of Nutrition**

[Acute energy deprivation affects skeletal muscle protein synthesis and associated intracellular signaling proteins in physically active adults](#)

[High dietary intake of magnesium may decrease risk of colorectal cancer in Japanese men](#)

[Iron status is associated with carotid atherosclerotic plaques in middle-aged adults](#)

## News from ASN's Sustaining Members

### **ASN Industry Forum and Networking Event at EB 2010**

If you are interested in learning more about the role of the private sector in the nutrition science community, consider attending the industry forum on Friday, April 23, 5:30 pm in Anaheim Convention Center, Room 207A. At the Industry Forum, sustaining members and industry partners will be updated on ASN news and activities. Industry partners will provide input into ASN's strategic direction, and we will convene a panel discussion on "Conducting and Publishing Industry Funded Research." This event is followed by an invitation-only networking dinner. For details, please email [jb Braun@nutrition.org](mailto:jb Braun@nutrition.org).

### **New Sustaining Member**

ASN is proud to announce that the **Mushroom Council** has joined the society as a Sustaining Member for 2010. Founded in 1993, the Mushroom Council is a global leader in mushroom-related research. The Mushroom Council's key organizational goals are to raise its profile in the nutrition science community, increase awareness of the depth of its nutrition research resources and to make a positive impact upon the ASN membership.

"Recent Mushroom Council research has revealed exciting findings related to a variety of health topics, including breast and prostate cancer, immunity and vitamin D insufficiency," shares Bart Minor, president of the Mushroom Council. "Working with ASN will foster the exploration of further research with mushrooms, one of nature's hidden treasures." For more information about the Mushroom Council, and to find a number of educational resources related to mushrooms, visit: <http://www.mushroominfo.com>.



## 'Breakthrough' Ideas Needed

Submit an idea for FASEB's *Breakthroughs in Bioscience*, a series of essays that illustrate recent breakthroughs in biomedical research and their importance to society. We especially seek nutrition-related submissions. Please send your ideas to [sprice@nutrition.org](mailto:sprice@nutrition.org)

Read more about this series on the [FASEB website](#).

## Survey Open for NSC Members

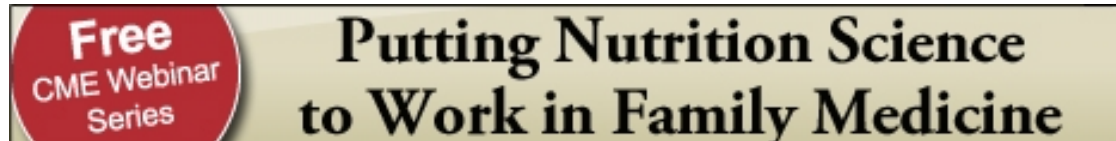
A survey on various website-related questions is being conducted for Nutritional Sciences Council members and other interested ASN members. Please visit <http://www.surveymonkey.com/s/Z7FPN2C> to complete the survey.

## Member Spotlight

- **Roger Clemens, DrPH**, was elected president-elect for IFT, the Institute of Food Technologists.
- **Harriet Kuhnlein, PhD**, is co-author of the UN FAO book, now available online: [Indigenous Peoples' Food Systems](#).
- **Walter Willett, MD** was quoted in a story by Health Day News, titled "Cutting salt could prevent heart attacks."

*Have you received an award from your institution or other membership organization? Have you been quoted in the media or published a book recently? ASN is proud of its members and wants to know about such accomplishments. Send the information to Suzanne Price at [sprice@nutrition.org](mailto:sprice@nutrition.org) to be featured in an upcoming newsletter.*

## Webinar: Nutrition Science and Family Medicine



### APRIL 15 Webinar: Nutrition and Weight Management

Family physicians and their practice teams play a vital role in encouraging patients to lead healthy lives through physical activity, nutrition and emotional well-being. Through this webinar series, family physicians and nutrition researchers will present evidence-based guidelines and practical approaches to integrating nutrition science into family medicine offices.

ASN and AAFP are partnering to present this series of three webinars over the next few months. The first in the series, "Nutrition and Weight Management" is April 15, so register now! To enroll visit [www.aafp.org/webinars/nutrition](http://www.aafp.org/webinars/nutrition).

## Register for ASN/AACE Symposium

ASN and the American Association of Clinical Endocrinologists (AACE) are presenting the symposium *Therapeutic Diets for Cardiometabolic Disorders: What is the Evidence?* in Boston on April 21, 2010. [Registration is open here](#). Topics include low carb-high protein diets for obesity, antioxidants and vascular inflammation, diets for heart disease prevention and treatment and diet and exercise for sarcopenia and cachexia. Continuing medical education (CME) credit will be available. This activity is designated for AMA PRA Category 1 CME Credit.

## 9th Vahouny Dietary Fiber Symposium

The [9th Vahouny Dietary Fiber Symposium](#), cosponsored by ASN, will be held in Bethesda, MD (metro Washington, DC), June 8-11, and features a complete science review of dietary and functional fibers. [Registration is available online](#).

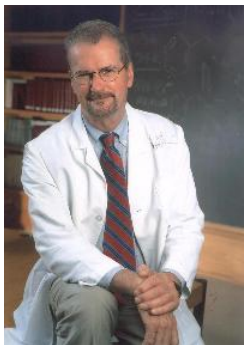
## Last Chance! Item Writing Workshop at EB 2010

ASN is offering a special benefit to ASN members who attend the 2010 ASN Scientific Sessions and Annual Meeting at Experimental Biology: a 3-hour National Board of Medical Examiners (NBME)/United States Medical Licensing Examination (USMLE) Item Writing Workshop. At the conclusion of the workshop, participants will be able to:

- Recognize, correct and avoid commonly occurring technical flaws in multiple choice question (MCQ) phrasing
- Write (and rewrite) MCQs assessing application of knowledge to clinical situations rather than recall of isolated basic science facts
- Participate effectively in group review of MCQs

The workshop will be held in Anaheim, CA, Monday, April 26, 2:00-5:00 pm. **Registration**

**closes April 13.** Apply now at <http://www.surveymonkey.com/s/FY3H6Y2> You must be attending the 2010 ASN Scientific Sessions and Annual Meeting at Experimental Biology to be eligible.



Please send me your thoughts and ideas on improving ASN.

**Sincerely,**

Robert M. Russell, MD  
President