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American Society for Nutrition  
*Excellence in Nutrition Research and Practice*  
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#### Message From the President:

Patrick J. Stover, PhD

ASN has recently established a blue-ribbon committee that will examine the best practices for "big tent" organizations like ASN whose membership brings together academia, government and the for-profit and not-for-profit sectors to work together in the interest of the general public and its health and well-being, and where public trust is essential for the organization to be successful. We will be reaching out to you for your views, and keeping you updated on the committee's progress. For more information, please visit the [Advisory Committee](#) page.

#### Vote Now in the 2016-17 ASN Board of Directors and Nominating Committee Election

The 2016 election to select new members on the Board of Directors and Nominating Committee is underway. We encourage all members to support this process by participating in these elections. A link to the ballot was sent to all ASN voting members in good standing on Monday, **March 7, 2016**. If you did not receive the call to vote, please contact the ASN office at [sec@nutrition.org](mailto:sec@nutrition.org). The ballot will close on **Monday, March 21 at 11:59 PM ET**. Please visit the [ASN Mission and Bylaws](#) page to learn more about ASN governance. Thank you for your participation in the 2016 ASN election.

I look forward to seeing all of our ASN members at EB2016 in San Diego. ASN's Scientific Sessions & Annual Meeting kicks off April 2, and will feature more than 30 symposia, dozens of networking events, and five international forums. There is still time to [register](#) and join ASN in San Diego! I hope to see you all there!

Patrick J. Stover, PhD

## In This Issue

[Annual Meeting](#)

[Public Policy News](#)

[Journal Highlights](#)

## Upcoming Deadlines & Events

**April 2-6.** [ASN Scientific Sessions & Annual Meeting](#) at EB 2016. San Diego, CA.

**April 4.** [The Mary Frances Picciano Dietary Supplement Research Practicum application](#) deadline.

**April 8.** [UC Davis Ag Innovation Entrepreneurship Academy application](#) deadline.

**April 22.** [EB 2017: Call for Proposals](#) deadline.

## Clinical Nutrition Internship 2016

The American Society for Nutrition is accepting [applications](#) for the 2016 Clinical Nutrition Internship Program. Targeted to medical students, this program is designed to increase the role of nutrition in the practice of medicine, medical research, health promotion, and disease prevention by providing a unique combination of educational experiences to medical students. This program is meant to supplement nutrition education not always present in the medical school curriculum that ASN believes is vital. This internship is specifically for those that do not have a degree in nutrition looking to

## Annual Meeting

### ASN's Scientific Sessions and Annual Meeting at EB 2016

ASN's 80th Scientific Sessions and Annual Meeting is just a few weeks away! The meeting will take place April 1-6 in San Diego, CA. The headquarters hotel for ASN is the Hilton San Diego Bayfront. There is still time to [register](#) and join ASN in San Diego!

#### Highlighted Sessions

[Making Your Scientific Discoveries Known: Best Practices For Effective And Credible Communication](#)

- Time in the Public Eye: Maintaining Credibility While Using Your Voice.
- Beyond the Bench: Communicating Science through Stories
- Using Your Voice Now: Next Steps and Future Directions

**Chairs:** Michelle Braun, PhD, DuPont Nutrition and Health and Mary N. R. Lesser PhD, RD, Children's Hospital Oakland Research Institute  
Monday, April 4, 3:00 pm-5:00 pm

[Research and Partnership Opportunities within the National Nutrition Research Roadmap \(ANDP Forum\)](#)

- Overview of the National Nutrition Research Roadmap: Purpose, Research Questions and Identification of Research Gaps.
- NIH Research Activities Addressing Research Opportunities Relevant to the National Nutrition Research Roadmap
- USDA Research Activities Addressing Research Opportunities Relevant to the National Nutrition Research Roadmap
- Examples of Interagency Collaborations and Public Partnerships to Advance Nutritional Sciences Research

**Chairs:** Norman Hord, PhD, MPH, RD, Oregon State University and Rachel Ballard, MD, MPH, Office of Disease Prevention, National Institutes of Health  
Tuesday, April 5, 3:00 pm-4:30 pm

#### Sunrise Boot Camp

Join ASN for early morning "sweatworking" at the Sunrise Boot Camp. Nationally recognized personal trainers Laura Burstein and Griff Courtney will lead boot camp classes Sunday, Monday and Tuesday of the meeting, from 6:30-7:30 am at Bayfront Park, just outside of the Hilton San Diego Bayfront.

#### University Mixer and Membership Reception

Join us Saturday, April 2 from 8:00-10:00 pm at the University Mixer and Membership Reception, in the Hilton San Diego Bayfront, Indigo ABEF Ballroom. This highly attended and anticipated networking event kicks off the start of ASN's Scientific Sessions.

Departments or programs in nutrition, food science and public health are encouraged to purchase a table to spread awareness of opportunities at your institution, welcome alumni and honor awardees. Tables for corporations, government agencies and trade groups are also available - you can directly reach meeting attendees with valuable information, products and information on activities hosted during the remainder of the meeting.

[Reserve Your Table Now!](#)

View the [Schedule at a Glance](#) for a full listing of sessions and networking activities.

incorporate nutrition education into their medical education.

**Application deadline extended** - Applications are due **March 21, 2016**. For details, [click here](#).

### Upcoming Meetings

**April 1:** Sponsored Satellite at EB. [A Global Approach to Personalized Nutrition from the Genome to the Microbiome](#). Organized and Sponsored by Herbalife. 8:00 am-12:00 pm.

**April 2:** Sponsored Satellite at EB. [Pulses for Healthy People and a Healthy Planet: Emerging Research and Opportunities](#). Organized and sponsored by the US Dry Pea and Lentil Council, the American Pulse Association, Pulse Canada and the Whole Food Center at University of California, Davis. 12:45 pm-2:45 pm.

**April 3:** Sponsored Satellite at EB. [Back to the Future? Ancient Grains and Sprouting for Enhanced Nutrition](#). Organized and sponsored by the Kellogg Company. 6:30 am-8:30 am.

**April 3:** Sponsored Satellite at EB. [New Frontiers in Fibers: Innovative Technology and Emerging Research on Gut Microbiome and Bone Health](#). Organized and sponsored by Tate and Lyle, Inc. 12:45 pm-2:45 pm.

**April 3:** Sponsored Satellite at EB. [Dietary Protein: Current Perspectives](#). Organized and sponsored by PepsiCo. 12:45 pm-2:45 pm.

**April 4:** Sponsored Satellite at EB. [Low Calorie Sweeteners and Obesity: Solution or Part of the Problem?](#) Organized and sponsored by Tate and Lyle, Inc. 6:30 am-8:00 am.

**April 4:** Sponsored Satellite at

**ASN Scientific Sessions at Experimental Biology 2017, April 22-26, 2017, Chicago**

The American Society for Nutrition's (ASN) Scientific Program Committee is accepting your ideas for sessions to be held at ASN's Scientific Sessions at Experimental Biology 2017. Suggestions are being sought for scientific symposia, core symposia, plenary lectures and education track sessions. Also, if you have a topic that may suit itself to a half or full day program, please contact Gwen Twillman ([gtwillman@nutrition.org](mailto:gtwillman@nutrition.org) or 301.428.3642) to share your idea as soon as possible. The deadline for the [2017 Proposal Form](#) is **April 22, 2016**.

**Public Policy News**

**ASN Announces 2016-2017 Science Policy Fellows**

ASN is pleased to announce the two 2016-2017 Science Policy Fellows: Allison Dostal, Ph.D., RD, is a post-doctoral associate at the University of Minnesota Medical Center-Fairview, and Lynn Ulatowski, Ph.D., is Assistant Professor of Biology at Ursuline College in Ohio. The year-long Fellowship started on March 1, 2016.

**Nutrition Roadmap Aims to Guide and Advance Federal Nutrition Research**

The Interagency Committee on Human Nutrition Research (ICHNR) released the first Nutrition Research Roadmap. The 2016-2021 [National Nutrition Research Roadmap](#) encourages an increased focus on research that can lead to more individualized advice for promoting health and preventing disease, and hopes to encourage more collaboration among government, academia and the private sector. The Roadmap identifies three key questions: How do we better understand and define eating patterns to improve and sustain health? What can be done to help people choose healthy eating patterns? And, how can we develop and engage innovative methods and systems to accelerate discoveries in human nutrition?

**Office of Nutrition Research Appoints New Director**

Christopher J. Lynch, Ph.D., has been appointed as [Director of the Office of Nutrition Research \(ONR\)](#). The ONR was established in August 2015 within the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) to replace the Division of Nutrition Research Coordination at the National Institutes of Health (NIH). Lynch most recently served as Vice Chair and Professor, as well as Team Leader for Integrative Physiology of Obesity and Diabetes, in the Department of Cellular and Molecular Physiology at Pennsylvania State University's College of Medicine. Dr. Lynch will provide remarks during ASN's Opening Plenary Session during ASN's Scientific Sessions.

Visit the [ASN website](#) to read the entire policy update.

**Journal Highlights**

**AJCN Editor Search**

The American Society for Nutrition (ASN) announces the search for Editor-in-Chief of The American Journal of Clinical Nutrition (AJCN), an interdisciplinary, peer-reviewed journal that publishes meritorious work in basic and clinical studies relevant to human nutrition. The AJCN is the leading journal in clinical nutrition worldwide, having the highest impact factor among peer-reviewed research journals in the nutrition and dietetics category and subscribers on six continents. The five-year appointment of the new Editor will begin in July 2017.

EB. [Food for the Brain: Learning How What We Eat Affects Cognition and May Prevent or Delay Dementia](#). Organized and sponsored by the California Walnut Commission. 6:30 am-8:00 am.

**April 6:** Sponsored Satellite at EB. [Fourth Annual Summit on the Health Effects of Yogurt](#). Organized and sponsored by the Danone Institute International and ASN. 8:00 am-1:30 pm.

**June 3:** [Antibiotics in Food: Can Less Do More?](#) The New York Academy of Sciences' Conference Center, New York City. 9:00 am-5:00 pm.

**AAAS**

Are you a member of the American Association for the Advancement of Science (AAAS)? We want to help our members receive recognition for their scientific contributions through AAAS. Send us an email to [sec@nutrition.org](mailto:sec@nutrition.org).

**Jobs**



**Advertise with ASN**

Advertising opportunities with ASN include the ASN monthly e-newsletter, medical nutrition e-newsletter, on-site convention newspaper at EB, and the ASN job board. Visit our

Nominations and self-nominations should be received as a letter of intent by **May 1, 2016** and include a cover letter describing the candidate's qualifications for the position along with a curriculum vitae. After review of the nominations, the top candidates will be asked to provide additional information on their qualifications and vision for the journal to complete their application. The deadline for receipt of the full application is **June 20, 2016**.

Please visit the [ASN website](#) for details on the application requirements and for additional information. All letters of intent/nominations should be addressed to the Committee Chair, Dr. Sharon Donovan, and submitted electronically to the ASN Senior Director of Journal Editorial and Production Operations, Darren Early (dtearly@nutrition.org).

#### ***The American Journal of Clinical Nutrition: Editor's Pick***

Huedo-Medina TB, Garcia M, Bihuniak JD, Kenny A, Kerstetter J. [Methodologic quality of meta-analyses and systematic reviews on the Mediterranean diet and cardiovascular disease outcomes: a review](#). American Journal of Clinical Nutrition 2016;103:841-50.

Alexander DD, Weed DL. [On the need for improved methodologic quality of published reviews](#). American Journal of Clinical Nutrition 2016;103:683-4.

Evolution of what we know about nutrition and health often takes the route of a long and winding road, and many times results from seemingly similar studies do not agree. These differing outcomes can be attributed to many factors including the fact that the populations studied were somehow different. Other times, sample sizes may not have been large enough to really test a hypothesis. To help get a more global view of what all the studies collectively say about something, researchers sometimes conduct meta-analyses and systematic reviews, which attempt to combine previously published studies' findings. This article suggests, however, that the quality of these types of reviews leaves much to be desired.

#### ***The Journal of Nutrition: Editor's Picks***

[Common Phenolic Metabolites of Flavonoids, but Not Their Unmetabolized Precursors, Reduce the Secretion of Vascular Cellular Adhesion Molecules by Human Endothelial Cells](#)

[Prenatal Choline Supplementation Diminishes Early-Life Iron Deficiency-Induced Reprogramming of Molecular Networks Associated with Behavioral Abnormalities in the Adult Rat Hippocampus](#)

[L-Glutamine Enhances Tight Junction Integrity by Activating CaMK Kinase 2-AMP-Activated Protein Kinase Signaling in Intestinal Porcine Epithelial Cells](#)

## Member Spotlight

- **Isaias Dichi, PhD, University of Londrina**, and Andrea Name Colado Simão recently edited a book by CRC Press entitled "[Nutritional Intervention in Metabolic Syndrome](#)"
- **Rafael Pérez-Escamilla, PhD, Yale School of Medicine**, was [awarded a Doctorate Honoris Causa](#) by the University of Guadalajara in Mexico for his major scientific contributions in the fields of global maternal-child nutrition and household food security. The honorary degree was bestowed upon him by the University's chancellor at a special ceremony on February 26th in Guadalajara.
- Browse the list of members who joined ASN in [February 2016](#).

Have you received an award, been quoted in the media or published a book recently?

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## Contact US

American Society for Nutrition  
9211 Corporate Blvd  
Suite 300  
Rockville, MD 20850  
[info@nutrition.org](mailto:info@nutrition.org)  
240-428-3650

ASN is proud of its members and wants to know about such accomplishments. Send the information to Danielle Jordan at [djordan@nutrition.org](mailto:djordan@nutrition.org) to be featured in an upcoming newsletter.