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American Society for Nutrition
Excellence in Nutrition Research and Practice
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Message From the President:

Patrick J. Stover, PhD

Nutrition continues to be front and center in the public debate. As a leading global voice for nutrition, ASN continues to emphasize the essential role of nutrition research to the public and our stakeholders. Scientifically rigorous nutrition evidence is vital in securing the health of people and populations across the world. I am grateful to our volunteer members and staff who are committed to elevating nutrition as a fundamental component in all sectors of ASN!

I am excited to announce that later this month we will begin regular ASN Presidential webinars with the ASN membership. These webinars will highlight ASN initiatives and offer more opportunities for members to interact with ASN elected leadership. The first webinar will provide updates on my [presidential priorities](#) and ASN activities. Please keep an eye out for more information in the weeks to come.

I encourage you to attend, and look forward to seeing you in Long Beach, CA for our [Advances and Controversies in Clinical Nutrition conference](#). This meeting has rapidly developed an outstanding reputation for showcasing the most recent breakthroughs and best science in clinical nutrition. We're offering significant savings for those who register by October 19.

Finally, I want to express my sincere gratitude to Robert Suskind and Leslie Lewinter-Suskind for their generous endowment to ASN and the ASN Foundation which will support the [Robert Suskind and Leslie Lewinter-Suskind Pediatric Nutrition Lifetime Achievement Award](#). We appreciate all of our members who support our society. I hope that you will consider a [gift to ASN](#) when you plan your charitable giving this year.

Patrick J. Stover, PhD
ASN President

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Upcoming Deadlines & Events

September 26. ACCN15

[housing discount deadline.](#)

September 28. ACCN15

[abstract submission deadline.](#)

September 30-October

4. [Overcoming Obesity 2015.](#)

October 6. [Obesity in the Early](#)

[Childhood Years](#): State of the Science and Implementation of Promising Solutions

October 19. ACCN15 [early](#)

[registration deadline.](#)

Now-October 31. [World Expo](#)

[Milan](#): Feeding the Planet - Energy for Life.

November 5. Scientific

Sessions and Annual Meeting at EB [abstract submission deadline.](#)

December 4-6. [Advances &](#)

[Controversies in Clinical Nutrition](#). Long Beach, CA.

W.O. Atwater Memorial Lecture

The Agricultural Research Service, USDA's chief scientific agency, is seeking nominations for the 2016 W.O. Atwater Memorial Lecture, co-sponsored by the American Society for Nutrition. The

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ASN News

With Appreciation for ASN Journal Peer Reviewers

Many thanks to the more than 1,570 individuals who served as reviewers for *The American Journal of Clinical Nutrition (AJCN)*, *The Journal of Nutrition (JN)* and/or *Advances in Nutrition (AN)* in 2014. We greatly appreciate their willingness to share their time and expertise in support of the ASN journal peer review process.

The careful and expert evaluation of research manuscripts by reviewers provides authors with information needed to improve their work and is instrumental in determining which manuscripts meet the quality standards for publication. Anonymous, conscientious, fair, and timely peer review is the lifeblood of scholarly publishing.

Reviewers are formally recognized in the January 2015 issues of [AJCN](#), [JN](#), and [AN](#), and a combined list of ASN journal reviewers is posted on the [ASN website](#).

Upcoming Meetings

ASN Advances and Controversies in Clinical Nutrition 2015: Convening health professionals and researchers around today's hot topics in food, nutrition and health



[Register now!](#) For the *special members-only* rate of \$325 (\$195 for medical residents/young professionals, \$100 for students), you'll access three days of lectures, posters, and interactive networking with the top minds in clinical nutrition. More than 500 investigators, physicians, dietitians and allied health professionals will attend our 5th annual [Advances and Controversies in Clinical Nutrition](#). [Reserve your hotel room](#) by **September 26** and [register](#) by **October 19** to maximize savings!

Abstract Submission

[Call for abstracts](#) closes soon! This is a unique opportunity to present original research directly leaders in clinical nutrition, decision makers and regulators in categories such as "Disease Prevention, Progression and Treatment," "Vitamins, Minerals and Bioactives" and "Nutrition and Health Policy." Or, interface with health care providers interested in the latest science in maternal and infant nutrition by submitting via "Nutrition and Healthy Growth, Development and Reproduction." [Review the full list of abstract categories](#). The top abstracts will be invited to provide oral presentations and all abstracts can be presented as posters. All abstracts will be published in [Advances in Nutrition](#). Deadline to submit an abstract is **Monday, September 28** and [travel awards are available](#) for graduate and medical students, trainees and young professionals.

Featured Lecture

The ACCN15 opening session will feature exciting talks about the human microbiome. Max Nieuwdorp, MD PhD of the Academic Medical Center in Amsterdam will be presenting on the potential utility of probiotics in treating insulin resistance and diabetes.

ASN's Scientific Sessions and Annual Meeting at EB 2016

Lecture will be presented at Experimental Biology 2016, April 2-6, in San Diego.

The Lecture is on a scientific trend or policy issue of the Lecturer's choice. An honorarium of \$2,000, a medallion, and expenses to present the Lecture are part of the award.

To nominate someone, send a letter explaining the nominee's contributions to nutrition and the candidate's current CV to:

Kim Kaplan, Lecture Coordinator
ARS Information Staff,
Room 1-2253
5601 Sunnyside Ave., Beltsville,
MD 20705
301-504-1637

Deadline for nominations - November 4, 2015

Nominees may be outstanding senior contributors in industry, universities, or government positions. Current ARS employees are not eligible.

John Milner Fellowship Program

Applications are now being accepted for the 2015 John A. Milner Fellowship Program. Postdoctoral fellows will conduct research in the area of bioactive components in foods and dietary supplements and learn about the translation of nutrition science into policy are encouraged to apply. [Details about the fellowship, eligibility and applying to the fellowship](#) are online. The application deadline is **October 1, 2015**.

Combined Federal Campaign

ASN is thrilled to once again join federal employees and over 4,000 approved charities in

Mark your calendars for April 2-6, 2016 for ASN's 80th [Scientific Sessions & Annual Meeting at Experimental Biology](#), returning to San Diego, CA.

Reminder: [Abstracts are being accepted](#) through **Thursday, November 5**. Take a close look at the list of nutrition topics offered by ASN, as there are many new offerings. For example, abstract category number 5223, "Chronic Disease, Obesity and Inflammation," organized by the Nutrient-Gene Interactions RIS. Review all of the nutrition abstract categories by clicking the image to the right.



Public Policy News

ASN News

Check out ASN Executive Officer Dr. John Courtney's latest post on Altarum Institute's Health Policy Forum, [Value of Public-Private Partnerships to Health!](#)

Federal Policy for the Protection of Human Subjects

The highly anticipated [Notice of Proposed Rulemaking \(NPRM\) regarding Federal Policy for the Protection of Human Subjects](#) was released on September 2 by the Department of Health and Human Services (HHS), in coordination with other federal agencies. The proposed rule is the first action since the [July 2011 advance notice of proposed rulemaking](#) (ANPRM) to update the regulations governing human subjects in research, known as the Common Rule (45 C.F.R. Part 46). The [comment period](#) for this NPRM ends after 90 days, on December 7, 2015.

Congress Back with a Loaded Schedule

Congress returns after Labor Day with only 23 days in session until Congress is scheduled to adjourn for the year on October 29. In this abbreviated work period, Congress must vote on some very contentious issues - the multilateral nuclear agreement with Iran (by September 17), the Continuing Resolution (CR) for 2016 funding appropriations (by September 30), the federal highway bill (by October 29), and the increase of the debt limit. As for appropriations, despite the efforts of the House and Senate Appropriations Committees to report all 12 of the annual appropriations bills to the floor, not a single measure has been enacted. Senate Majority Leader Mitch McConnell (R-KY) and Speaker of the House John Boehner (R-OH) have expressed intent to avoid a government shutdown and seek passage of a CR without any policy riders attached, possibly at the current 2015 appropriation levels.

Action on Child Nutrition Legislation Expected in mid-September

The authorization for the child nutrition programs expires on September 30. Members of Congress have expressed their intent to approve a bill to reauthorize these programs, but only 10 days remain in September with Congress in session. Temporary extension of these programs has occurred many times before when Congress did not meet the reauthorization deadline. However, the authority for some programs such as the fresh fruit or vegetable snack program may not be covered in an extension.

In August, Rep. Vickie Hartzler introduced a bill [H.R.3307](#), the *School Lunch Affordability Act*, to keep school lunches affordable for families by eliminating federal mandates on school lunch prices and returning this authority to local school districts. Under the legislation, districts that fully cover the costs of their meal programs would be able to bypass a federal requirement that says they must increase the cost of meals.

Visit the [ASN website](#) to read the entire policy update.

continuing the legacy of giving with the [Combined Federal Campaign \(CFC\)](#). Pledges made by Federal civilian, postal and military donors during the campaign season (September 1-December 15) support non-profit organizations like ASN. [Enroll through CFC](#) to help ASN provide health and human service benefits throughout the world!

ASN CFC #36770



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Advertising opportunities with ASN include the ASN monthly e-newsletter, medical nutrition e-newsletter, on-site convention newspaper at EB, and the ASN job board. Visit our [advertising page](#) to learn about all available opportunities to reach our membership of more than 5,000!

Journal Highlights

Advances in Nutrition

The [September issue](#) of *Advances in Nutrition*, ASN's international review journal, features these review analyses:

- How can we best manage obesity among childhood cancer survivors? Zhang et al. believe that promoting family-based healthy lifestyles is a priority for preventing the early onset of obesity in childhood cancer survivors. They do caution, however, that nutritional intake in childhood cancer survivors has not been adequately examined.
- Why is it so difficult for some people to lose weight? Generally, humans seem to be better equipped to defend against weight loss rather than avoid weight gain, but results also show a large individual variability. Therefore, according to Clemens Drenowatz, individual differences rather than group means should be explored to identify specific characteristics of "compensators" and "noncompensators."

The American Journal of Clinical Nutrition: Editor's Pick

[Effects of vitamin B-12 supplementation on neurologic and cognitive function in older people: a randomized controlled trial](#). Dangour AD, Allen E, Clarke R, Elbourne D, Fletcher AE, Letley L, Richards M, Whyte K, Uauy R, Mills K. *American Journal of Clinical Nutrition* 2015;102:639-47.

Vitamin B-12 deficiency can cause unsteadiness, behavioral abnormality, cognitive decline, and dementia similar to what is often associated with aging. As such, vitamin B-12 deficiency is sometimes overlooked until it is in its severe stages. Nonetheless, a newly-published randomized trial found no detectable benefits of vitamin B-12 supplementation in asymptomatic elderly study participants.

The Journal of Nutrition: Editor's Picks

Summaries and analyses of these studies are found in the [media alert](#):

- New study finds protective relationship between selected amino acids and cardiovascular health*
- Legume-derived dietary fibers may be effective in decreasing appetite and chronic inflammation in overweight adults*
- Study: children who report eating more polyunsaturated fats have more muscle and less fat*

Member Spotlight

- **Dr. Gordon Jensen** was appointed to the University of Vermont College of Medicine as senior associate dean for research.
- Browse the list of members who joined ASN in [August 2015](#).

Have you received an award, been quoted in the media or published a book recently? ASN is proud of its members and wants to know about such accomplishments. Send the information to Valerie Bloom at vbloom@nutrition.org to be featured in an upcoming newsletter.