



American Society for Nutrition  
*Excellence in Nutrition Research and Practice*  
[www.nutrition.org](http://www.nutrition.org)

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## CONFERENCE ON CLINICAL NUTRITION ADDRESSES TIMELY TOPICS

**November 24, 2015**—Are insects the key to assuring food security? Is gluten sensitivity a new epidemic or a current craze? Join the American Society for Nutrition (ASN) on December 4-6 for insight at the fifth annual [Advances and Controversies in Clinical Nutrition](#) (ACCN) conference in Long Beach, CA.

The 3-day program delivers valuable clinical updates and networking opportunities to advance your understanding of hotly debated nutrition areas. [Download the program at a glance](#) today to review speaker-experts and their session titles. *Credentialed media, science writers and bloggers are invited to cover all or part of the conference with free registration* ([email us](#)).

### Featured Sessions

#### *Hot Topics in Food Production and their Influence on Food Quality and Health*

Food production and food security have become a recurring discussion in both medical and media communities. Do the myths surrounding genetically modified foods carry any truth? Could insects be the factor to achieving food security in the United States and abroad? Join us for this timely discussion, which features Drs. Alan McHughen, Professor, University of California Riverside; and Arnold van Huis, Professor, Tropical Entomologist, Wageningen University.

#### *Carbs Under Attack: Helping Patients Navigate the World of Carbohydrates*

Carbohydrate has been a buzzword for years and it's here to stay. The Sunday morning session will feature engaging talks and practical tips for helping patients navigate the world of carbohydrates. Experts will discuss when gluten free diets are appropriate and when they are not, review a critical analysis of the FODMAP diet, and address carbs and the patient with diabetes. Speakers include: Alison Evert, MS, RD, CDE, Coordinator Diabetes Education Programs, University of Washington Medical Center; Benjamin Lebwohl, MD, MS, Herbert Irving Assistant Professor of Medicine and Epidemiology, The Celiac Disease Center at Columbia University; and Kelly A. Tappenden, PhD, RD, Kraft Foods Human Nutrition Endowed Professor, University of Illinois Distinguished Teacher-Scholar, University of Illinois at Urbana-Champaign.

Not able to attend, but wish to cover a symposium? ASN can facilitate remote interviews with program committee members or speakers prior to or following the event ([email us](#)).

This program is being jointly provided by ASN and the Tufts University School of Medicine. Learn more about available continuing education credits on the [ASN website](#).

Physicians: This activity has been approved for **13 AMA PRA Category 1 Credits™**.

Nurses: 13 nursing contact hours will be awarded.

Dietitians: ASN designates this educational activity for a maximum of 13.5 CPEUs.

CHES/MCHES: A total of 13.5 Category 1 continuing education contact hours are available. There are no advanced-level continuing education contact hours available.

*ASN is the authoritative voice on nutrition and publisher of The American Journal of Clinical Nutrition, The Journal of Nutrition, and Advances in Nutrition. Established in 1928, ASN's more than 5,000 members in more than 75 countries work in academia, practice, government and industry. ASN advances excellence in nutrition research and practice through its publications, education, public affairs and membership programs. Visit us at [www.nutrition.org](http://www.nutrition.org).*