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ASN CONGRATULATES RELEASE OF THE 2015 DIETARY GUIDELINES

January 7, 2016— The American Society for Nutrition (ASN) applauds the release of the 2015 Dietary Guidelines for Americans. The Society commends the work of the U.S. Departments of Agriculture (USDA) and Health and Human Services (HHS) and the contributions of many ASN members which led to the guidelines. ASN was actively involved in the deliberations, providing oral and written comments throughout the process.

“The Dietary Guidelines play a crucial role in ensuring public health in the United States,” said ASN President Patrick J. Stover, Ph.D. “This authoritative advice guides Americans to adopt dietary habits that promote health and reduce the risk for major chronic diseases.”

“ASN encourages continued investment in nutrition research that promotes the health of all Americans, as this peer-reviewed scientific evidence provides the fundamental basis for the guidelines,” said Stover. “ASN looks forward to working closely with USDA, HHS, and other stakeholders to form collaborative, multi-disciplinary partnerships that help implement the guidelines.”

ASN is the authoritative voice on nutrition and publisher of The American Journal of Clinical Nutrition, The Journal of Nutrition, and Advances in Nutrition. Established in 1928, ASN's more than 5,000 members in more than 75 countries work in academia, practice, government and industry. ASN advances excellence in nutrition research and practice through its publications, education, public affairs and membership programs. Visit us at www.nutrition.org.