

ASN Publications

April 2012 Media Alert: *The American Journal of Clinical Nutrition*

The following articles are being published in the April 2012 issue of *The American Journal of Clinical Nutrition* (AJCN), a publication of the American Society for Nutrition. Full summaries and analyses are available on the [ASN website](#). Links to the articles are below. Articles published in AJCN are embargoed until the article appears online either as in press (Articles in Press) or as a final version. The embargoes for the following articles have expired.

New research lends support for coffee's health perks Researchers find no evidence that coffee increases risk of chronic disease-in fact, it may decrease chances of developing type 2 diabetes.

Floegel A, Pischon T, Bergmann MM, Teucher B, Kaaks R, Boeing H. [Coffee consumption and risk of chronic disease in the European Prospective Investigation into Cancer and Nutrition \(EPIC\)-Germany study](#). *American Journal of Clinical Nutrition* 2012;95:901-8.
Lopez-Garcia E. [Coffee consumption and risk of chronic disease: changing our views](#). *American Journal of Clinical Nutrition*. 2012;95:787-8.

Can "family foods" adequately replace special "baby foods" during infancy?

Using mathematical modeling, researchers predict that exclusive use of "family foods" instead of "baby foods" may not meet the nutrition needs of infants during weaning.
Vossenaar M, Solomons NW. [The concept of "critical nutrient density" in complementary feeding: the demands on the "family foods" for the nutrient adequacy of young Guatemalan children with continued breastfeeding](#). *American Journal of Clinical Nutrition* 2012;95:859-66.
Allen LH. [Adequacy of family foods for complementary feeding](#). *American Journal of Clinical Nutrition* 2012;95:785-6.

Does formula feeding necessarily impair self-regulation of food intake in infants?

Dietary intervention trial lends evidence that glutamate may help infants regulate their calorie intake.

Ventura AK, Beauchamp GK, Mennella JA. [Infant regulation of intake: the effect of free glutamate content in infant formulas](#). *American Journal of Clinical Nutrition* 2012;95:875-81.

Got balance? An expert panel reviews some key questions about energy balance and how it relates to body weight Consensus Statement describes the complexity of energy balance and dispels several popular "beliefs" about weight

Journal Links

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[The Journal of Nutrition](#)

[Advances in Nutrition](#)

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gain and loss.

Hall KD, Heymsfield SB, Kemnitz JW, Klein S, Schoeller DA, Speakman JR. [Energy balance and its components: implications for body weight regulation](#). *American Journal of Clinical Nutrition* 2012;95:989-94.

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