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## **ASN/CNPP Webinar -- The Dietary Guidelines Advisory Committee Process Behind the Scenes: From Charter to Evidence to Advisory Report Recommendations**

**Wednesday, July 21, 1:00 pm-2:00 pm EST**

### *About the presenters:*

#### **Linda V. Van Horn, PhD, RD, LD, Chair, 2010 US Dietary Guidelines Advisory Committee**



Dr. Van Horn is a tenured Professor in the Department of Preventive Medicine, and Associate Dean for Faculty Development in the Feinberg School of Medicine at Northwestern University, Chicago. Dr. Van Horn earned her doctorate from the School of Public Health at the University of Illinois Health Sciences Center, Chicago and her masters degree in exercise physiology from the University of Pittsburgh. She is a Purdue University graduate and is also a registered and licensed dietitian.

Dr. Van Horn's expertise extends across many areas of nutrition research, medical nutrition education and public health policy relevant to the work of the 2010 US Dietary Guidelines Advisory Committee. She is a clinical nutrition epidemiologist who has conducted population level research and clinical trials in the prevention and treatment of cardiovascular disease, obesity and breast cancer. She specializes in research on women and children and is currently the principal investigator in the Women's Health Initiative Extension Study and the Dietary Intervention Study in Children follow-up study. She is also conducting pilot research on family based pediatric obesity intervention. Her research focuses on the benefits of a fat-modified diet that is rich in fruits, vegetables and fiber-rich whole grains as part of a low risk lifestyle to prevent cardiovascular disease, obesity and cancer. In addition to her comprehensive nutrition research, medical education training and teaching expertise, Dr. Van Horn has demonstrated successful leadership skills through multiple research teams. She is also the current Chair of the Nutrition Committee for the American Heart Association and the Editor of the *Journal of the American Dietetic Association*.

#### **Joanne M. Spahn, MS, RD, FADA, Director, USDA Nutrition Evidence Analysis Library Division**



Joanne Spahn is the first director of the new USDA Nutrition Evidence Analysis Library and joined the Center for Nutrition Policy and Promotion in March 2009. She is responsible for developing, directing and administrating the Nutrition Evidence Library in conducting systematic reviews to support development of the 2010 Dietary Guidelines for Americans and other Federal nutrition policy and programs. Prior to joining the center, she served as project manager and lead analyst for numerous American Dietetic Association (ADA) Evidence Analysis Library projects, and assisted in the development of the ADA Standardized Language.

Prior to her work with evidence analysis libraries, Ms. Spahn completed a military career. She served as Commander of a unique global unit of Air Force personnel. She has certification and experience in health care process reengineering and served as the Director of the Air Force Medical Service Population Health Branch. Ms. Spahn directed the Dietetic Internship Program, has consulted, written textbook chapters, and presented numerous webinars related to nutrition counseling and dietetic practice.

Ms. Spahn earned Master's of Science degrees in Human Nutrition from the University of Arizona and in Consumer Studies from Oklahoma State University and a Bachelor's degree in food and nutrition from the College of St Elizabeth in Morristown, New Jersey. She is a graduate of the U.S. Air War College and is a registered dietitian.

**Robert C. Post, Ph.D., MEd., MSc., Deputy Director, Center for Nutrition Policy and Promotion (CNPP), USDA**



Dr. Robert C. Post is the Deputy Director of USDA's Center for Nutrition Policy and Promotion (CNPP). As the senior administrative official in the Agency, he is an advisor to the Under Secretary for Food, Nutrition, and Consumer Services, representing the Department in matters related to nutrition policy. In this position, Dr. Post is responsible for overseeing the planning, development, review, and promotion of the 2010 Dietary Guidelines for Americans, the food pyramid guidance system, the USDA Nutrition Evidence Library, and applied research and analysis programs in nutrition and consumer economics, including the Healthy Eating Index, the USDA Food Plans, and the Cost of Raising a Child.

Dr. Post joined CNPP with over 25 years of experience in food and agriculture public policy, food production, nutritional science, food marketing, and public health communications and education. Prior to the Center, he headed USDA's food standards and labeling policy office in the Food Safety and Inspection Service (FSIS), and held other senior leadership positions in USDA's public health and science, food inspection, and regulatory programs. Prior to joining USDA, he held research and teaching positions in academia and worked as a research food scientist in the food industry.

Dr. Post is also an adjunct professor in the Nutrition and Food Science Department of the University of Maryland, instructing courses in nutrition, food, and public policy; food industry quality control; and marketing. He holds a Ph.D. in Public Health and Science Education Policy and Program Administration from the University of Maryland. At the University of Maryland, he also earned a Master's of Education in Health Communications, Media, and Technology; a Master's of Science in Food Science and Microbiology; and a Bachelor's of Science in Food Science.