



American Society for Nutrition
Excellence in Nutrition Research and Practice
 www.nutrition.org

Greetings from the President: Robert M. Russell, MD

ASN and its Public Information Committee are excited to announce that we are hosting a **National Dialogue on Sodium**, to be held May 19, 2010 at The National Press Club in Washington, DC, 9 am-12 pm. Confirmed speakers include Dr. Chor-San Khoo, Dr. Victor Fulgoni, Dr. Jeannie Gazzaniga-Moloo, and Dr. Sonia Angell from the New York City Department of Health and Mental Hygiene. A speaker from the IOM representing the Committee on Strategies to Reduce Sodium Intake has also been invited. Allison Aubrey from National Public Radio will be the moderator. The goal of the event is to bring together a diverse array of experts on sodium, food science and product development, public health initiatives, epidemiology and consumer communications to discuss how we move forward to address public health concerns about sodium, and what it will take to reduce intake by Americans over the next 5 - 10 years.

In other news, ASN leadership continues to meet with key Administration officials. Most recently we met with the Acting Undersecretary for Research, Education and Economics at USDA, Molly Jahn.

As the ASN Annual Meeting and Scientific Sessions draws near, I'd like to highlight ten of the top events for ASN members. Please see the list at right for details on the Presidential Symposium I am co-chairing, our Member Reception, Business Meeting, and more.

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Top 10 at EB 2010

ASN Presidential

Symposium Sponsored by Danone: Transcriptional Controls of Energy Sensing Sunday 4/25, 8-10 am

Satellite Session Presented by Metagenics, Inc. Friday, 4/23, 8-12 pm

Satellite Session Presented by General Mills Bell Institute of Health and Nutrition Friday, 4/23 1-5 pm

The Atwater Lecture Tuesday 4/27, 12:45-1:45 pm

Policy Session: The USDA National Institute of Food and Agriculture and a New Roadmap for Agricultural Research: An Update from the Director Monday 4/26 12:45-1:45PM

ASN Member Reception & University Mixer "A Slice of Orange County" Saturday, 4/24 8-10pm

ASN Business Meeting Monday, 4/26, 5:30-6:30 pm

ASN Awards Ceremony Sunday, 4/25, 5:30-7:00 pm

ASN Graduate Student Breakfast Sponsored by the National Dairy Council Sunday, 4/25, 7:00-8:00 am

Councils and Research Interest Sections Business Meetings, Sessions and Social Events Various dates



Public Policy News

President Obama hosts a health care summit for congressional leaders to revive discussions on moving forward with health care reform legislation. The NIH announces seven new Common Fund projects, and FDA releases data on consumer use of food labels and nutrition information. FDA forms stronger partnerships with NIH and USDA on regulatory science and food safety. The IOM releases a report on prevention and control of hypertension.

Read the [entire public policy newsletter](#).

Call for Volunteers

ASN President Robert M. Russell, M.D. will make appointments this spring for ASN [committees](#) and other groups. The next volunteer terms begin June 1, 2010 and run through May 31, 2011. Please email the [ASN Secretariat](#) to indicate your interest in serving as an ASN volunteer by Monday, April 5. You are encouraged to attach a CV/résumé and indicate any specific requested groups or appointments.

And don't forget, many of ASN's Research Interest Sections and Councils will sign up volunteers and/or elect officers at their business meetings at EB 2010.

ASN Scientific Sessions and Annual Meeting at Experimental Biology



EB 2010

There is still time to register for the 2010 ASN Scientific Sessions and Annual Meeting at EB! Early registration has closed, but with a member rate of only \$325 for five days of science, networking and professional development, EB 2010 offers one of the best conference values in the country. For more information, and to register, visit us [online](#).

Scientific Session Highlights

Featured Symposium: ASN Public Information Committee (PIC) Symposium: *Healthy Earth, Healthy Eating: Connecting Sustainability and Nutrition*
Chairs: Gregory D Miller and Jeannie Gazzaniga-Moloo
Monday, April 26, 10:30AM-12:30PM

This symposium will provide an account of sustainable food systems from a consumer, an environmental and nutritional, and an economic perspective. The session will begin with an overview of how sustainable food systems play an essential role in promoting health and wellness for people and the earth. There will be discussion on the need to broaden the definition of what constitutes a sustainable diet to include those foods and beverages that are not only environmentally responsible, but also promote health and wellness. This symposium will set the stage for discussions to guide sustainable food systems that meet at the intersection where environmentalists, consumers, and industry must convene in order for there to be adequate nutritious food for generations to come with minimal impact on the environment.

EB 2010 Support

Your support is necessary to ensure the success each year of ASN's Scientific Sessions at EB. If you think your company or organization might benefit from sponsoring a networking reception, symposium, or other event at EB 2010, visit this [website](#) for more information.

and times, please check program book for details.

Upcoming Meetings

March 10-14. American Medical Student Association (AMSA) [60th Annual Convention](#). Anaheim, CA. Attend the ASN session on food safety.

May 7-11. American Association of Immunologists (AAI) [97th Annual Meeting](#). Baltimore, MD. Visit the ASN booth for a special gift!

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Visit the ASN Blog [www.nutrition.org/blog](#)

Apply for Student Travel Award

The Student Interest Group 2010 travel award [application is now available](#).

Deadline to apply is March 12th.

'Breakthrough' Ideas Needed

Submit an idea for FASEB's *Breakthroughs in Bioscience*, a series of essays that illustrate recent breakthroughs in biomedical research and their importance to society. We especially seek nutrition-related submissions. Please send your ideas to sprice@nutrition.org

Read more about this series on the [FASEB website](#).

Journal Highlights

The American Journal of Clinical Nutrition

[Late introduction of complementary feeding, rather than duration of breastfeeding, may protect against adult overweight](#)

[Meta-analysis of prospective cohort studies evaluating the association of saturated fat with cardiovascular disease](#)

[Feeding preterm infants milk with a higher dose of docosahexaenoic acid than that used in current practice does not influence language or behavior in early childhood: a follow-up study of a randomized controlled trial](#)

[Dietary fiber does not displace energy but is associated with decreased serum cholesterol concentrations in healthy children](#)

The Journal of Nutrition

[Bilberry Extract May Have Multiple Beneficial Effects on Blood Glucose](#)

[Isoleucine May Be Particularly Beneficial for Weight Loss](#)

[Cash and Food Incentives Among the Poor: Can They Improve Micronutrient Consumption Without Increasing Obesity?](#)

Member Spotlight

- **Adrienne Bendich and Richard J. Deckelbaum** have co-edited the 4th Edition of *Preventive Nutrition: The Comprehensive Guide for Health Professionals*. This edition contains numerous chapters authored by ASN members.
- **Joseph I. Boullata** and Vincent T. Armenti have co-edited the 2nd edition of the *Handbook of Drug-Nutrient Interactions* and the volume contains many chapters that are authored by ASN members.
- CBS 4 in Denver quoted **Jim Hill** on the snacking habits of children.
- **David Ludwig** was quoted by *The New York Times* on the obesity epidemic.

Have you received an award from your institution or other membership organization? Have you been quoted in the media or published a book recently? ASN is proud of its members and wants to know about such accomplishments. Send the information to Suzanne Price at sprice@nutrition.org to be featured in an upcoming newsletter.

Webinar on Nutrient Intake and Bone Status

Dr. Katherine Tucker of Tufts University will present on nutrient intake and bone status using a series of analyses with the Framingham Osteoporosis Study as part of the ASN Nutritional Epidemiology Research Interest Section Research Leader Webinar Series. The webinar is **March 11, 1:00-2:00 pm EST**. Email Regan Bailey at baileyr@mail.nih.gov to register. Learn what Dr. Tucker is doing to stay on the cutting edge of nutritional epidemiology research, and get an opportunity to seek advice to help your own research efforts.

Register before March 17 for ASN/AACE Symposium



[Register Now](#)

ASN and the American Association of Clinical Endocrinologists (AACE) are presenting the symposium *Therapeutic Diets for Cardiometabolic Disorders: What is the Evidence?* in Boston on April 21, 2010. [Register before March 17 for a special rate](#). Topics include low carb-high protein diets for obesity, antioxidants and vascular inflammation, diets for heart disease prevention and treatment and diet and exercise for sarcopenia and cachexia. Continuing medical education (CME) credit will be available. This activity is designated for AMA PRA Category 1 CME Credit.

9th Vahouny Dietary Fiber Symposium

The [9th Vahouny Dietary Fiber Symposium](#), cosponsored by ASN, will be held in Bethesda, MD (metro Washington, DC), June 8-11, and feature a complete science review of dietary and functional fibers.

Please contact Dr. Susan Cho at NutraSource Research at sscho397@yahoo.com or call 410-531-3336 if you are interested in submitting an abstract. The deadline is February 27.

Test Item Writing Workshop at EB2010

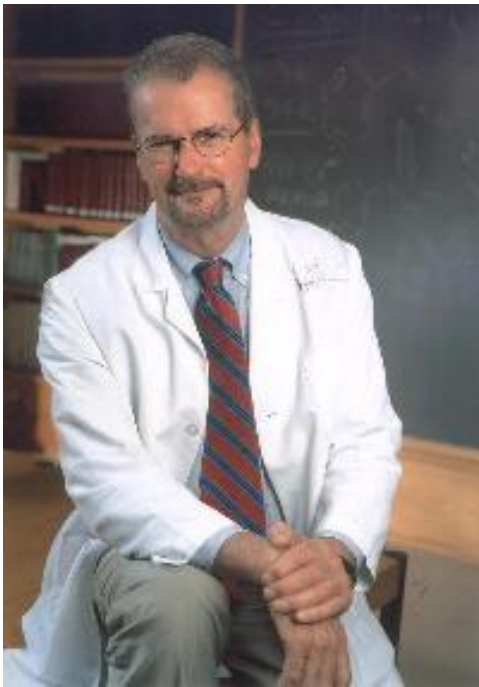
ASN is offering a special benefit to ASN members who attend the 2010 ASN Scientific Sessions and Annual Meeting at Experimental Biology: a three-hour National Board of Medical Examiners (NBME)/United States Medical Licensing Examination (USMLE) Item Writing Workshop.

At the conclusion of the workshop, participants will be able to

- Recognize, correct and avoid commonly occurring technical flaws in multiple choice question (MCQ) phrasing
- Write (and rewrite) MCQs assessing application of knowledge to clinical situations rather than recall of isolated basic science facts
- Participate effectively in group review of MCQs

It will be held at the 2010 ASN Scientific Sessions and Annual Meeting at Experimental Biology, in Anaheim, CA, Monday, April 26, 2:00-5:00 pm.

Registration is limited and is first-come, first-served. Apply now at <http://www.surveymonkey.com/s/FY3H6Y2>. A confirmation email with the room and additional details will be sent to the selected workshop participants the week of April 5. You must be attending the 2010 ASN Scientific Sessions and Annual Meeting at Experimental Biology to be eligible.



Please send me your thoughts and ideas on improving ASN.

Sincerely,

Robert M. Russell, MD
President