

ASN Publications

January 2013 Media Alert: *The American Journal of Clinical Nutrition*

The following articles are being published in the January 2013 issue of *The American Journal of Clinical Nutrition* (AJCN), a publication of the American Society for Nutrition. Full summaries and analyses are available on the [ASN website](#). Links to the articles are below. Articles published in AJCN are embargoed until the article appears online either as in press (Articles in Press) or as a final version. The embargoes for the following articles have expired.

Diet and cancer-is epidemiology providing reliable knowledge?

Experts caution against interpreting observational studies to assess causal relations between diet and cancer; stronger study designs urged.

Schoenfeld JD, Ioannidis JPA. [Is everything we eat associated with cancer? A systematic cookbook review](#). *American Journal of Clinical Nutrition* 2013;97:135-42.

Bohan Brown MM, Brown AW, Allison DB. [Nutritional epidemiology in practice: learning from data or promulgating beliefs?](#) *American Journal of Clinical Nutrition* 2013;97:5-6.

Are gluten-free foods safe?

New study finds that "gluten-free" foods-at least those available in Europe-pose negligible risk for celiac patients.

Gibert A, Kruizinga AG, Neuhold S, Houben GF, Canela MA, Fasano A, Catassi C. [Might gluten traces in wheat substitutes pose a risk in patients with celiac disease? A population-based probabilistic approach to risk estimation](#). *American Journal of Clinical Nutrition* 2013;97:117-24.

Koning F, Mol M, Mearin ML. [The million-dollar question: is "gluten-free" food safe for patients with celiac disease?](#) *American Journal of Clinical Nutrition* 2013;97:3-4.

Researchers reassess vitamin D adequacy in US adults

Using a circulating "biomarker" of vitamin D status, researchers from the NIH Office of Dietary Supplements and Iowa State University conclude that vitamin D inadequacy may be less common than previously suspected.

Taylor CL, Carriquiry AL, Bailey RL, Semplos CT, Yetley EA. [Appropriateness of the probability approach with a nutrient status biomarker to assess population inadequacy: a study using vitamin D](#). *American Journal of Clinical Nutrition* 2013;97:80-6.

Murphy SP, Barr SI. [Steps forward in assessing populations](#). *American Journal of Clinical Nutrition* 2013;97:1-2.

Upcoming Events

April 20-24. [ASN Scientific Sessions & Annual Meeting at EB 2013](#). Boston, MA.

View [all events online](#).

Journal Links

[The American Journal of Clinical Nutrition](#)

[The Journal of Nutrition](#)

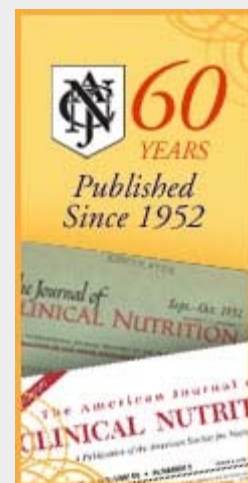
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Author Videos

Omega-3 fatty acids may be a promising treatment for sickle cell anemia

Controlled dietary intervention trial suggests that increased consumption of omega-3 fatty acids (like those found in fish oils) may reduce risk of complications in children and young adults with sickle cell anemia.

Daak AA, Ghebremeskel K, Hassan Z, Attallah B, Azan HH, Elbashir MI, Crawford M. [Effect of omega-3 \(n-3\) fatty acid supplementation in patients with sickle cell anemia: randomized, double-blind, placebo-controlled trial](#). *American Journal of Clinical Nutrition* 2013;97:37-44.

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