Friday, December 4

Registration & Continuing Education Desk Hours: 9:00 am – 6:00 pm

Sponsored Satellite Programs (9:00 am – 1:30 pm)
See website for details as programs are confirmed.

Poster Session 1 and Exhibits (1:00 pm – 2:00 pm) - Posters hung until 7:00 pm

Opening Session (2:00 pm – 3:45 pm)

- Welcome, Opening Remarks, Sponsor Acknowledgment, Accreditation Overview
  Connie W. Bales, PhD, RD, Chair, ASN Medical Nutrition Council

- The Microbiome: What we are Learning from Human Studies
  Rob Knight, PhD, University of California San Diego (invited)

- Potential Utility of Probiotics in Treating Insulin Resistance and Diabetes
  Max Nieuwdorp, MD PhD, Professor Internal Medicine/Diabetes, Academisch Medisch Centrum-UVA, Amsterdam, The Netherlands

Dietary Supplements: Is There a Recommended Approach for Evaluating the Evidence? (4:15 pm – 5:00 pm)
Thomas A. Trikalinos, MD, PhD, Associate Professor of Health Services, Policy and Practice Center for Evidence-Based Medicine, Brown University, Providence, RI

ACCN15 Oral Abstract Presentations (5:00 pm – 5:45 pm)
Moderator: Peter Greenwald, MD, PhD, National Cancer Institute, National Institutes of Health

Opening Reception and Posters (6:00 pm – 7:30 pm)

Saturday, December 5

Registration & Continuing Education Desk Hours: 7:00 am – 6:00 pm

Sponsored Satellite Program and Breakfast (7:00 am – 8:45 am)
Fact or Fiction: Children Need to Eat Breakfast
Sponsored and organized by The Egg Nutrition Center and the Hass Avocado Board

Morning Session (9:00 am – 10:50 am)

- Highlights from the Scientific Report of the 2015 Dietary Guidelines Advisory Committee
  Marian L. Neuhouser, PhD, RD, Full Member, Fred Hutchinson Cancer Research Center, Seattle, WA
  Member, 2015 Dietary Guidelines Advisory Committee

- Dietary Fats: Quality, Quantity and Impact on Health
  Ronald M. Krauss, MD, Senior Scientist and Director of Atherosclerosis Research, Children’s Hospital Oakland Research Institute, Oakland, CA

- Nutritional Approaches to Non-alcoholic Fatty Liver Disease (NAFLD/NASH)
  Kris V. Kowdley MD, FACP, FACG, AGAF, FAASLD, Director of the Liver Care Network and Organ Care Research, Swedish Medical Center, Seattle, WA

Lifestyle Approaches to the Management of Sarcopenia in the Elderly (11:20 am – 12:00 pm)
Elena Volpi, MD, PhD, Daisy Emery Allen Distinguished Chair in Geriatric Medicine; Director, Sealy Center on Aging; Associate Director, Institute for Translational Sciences Division of Geriatric Medicine, University of Texas Medical Branch, Dallas, TX
Saturday, December 5 (continued)

Poster Session 2 and Exhibits (12:00 – 1:30 pm) - Posters hung until 4:00 pm

Navigating the Assortment of Obesity Guidelines and Practice Tools (1:30 pm – 2:10 pm)
Scott Kahan, MD, MPH, Medical Director, STOP Obesity Alliance, George Washington University, Washington, DC

Fit Bits, Apps and Weigh Ins: What do we know about Self-Monitoring? (2:10 pm – 2:50 pm)
Gary D. Foster, PhD, Weight Watchers, New York, NY

ACCN15 Oral Abstract Presentations (2:50 pm – 3:35 pm)

Small Group Workshop: Motivational-Interviewing Techniques to Encourage Lifestyle Changes/Weight Loss
Attendance is limited. Pre-registration is required. (3:00 – 4:15 pm AND 4:30 – 5:45 pm)
Kathryn Pollak, PhD, Duke Medicine, Durham, NC

Afternoon Session (3:45 pm – 5:45 pm)
Hot Topics in Food Production and their Influence on Food Quality and Health
- Genetically-modified Foods: Myths vs. Realities, Alan McHughen, PhD, University of California Riverside
- Potential of Insects as Food and Feed in Assuring Food Security
  Prof.Dr. Arnold van Huis, PhD, Professor, Tropical Entomologist, Wageningen University, Wageningen, The Netherlands

Sponsored Satellite Program and Dinner (6:30 pm – 9:00 pm)
See website for details as programs are confirmed.

Sunday, December 6

Registration & Continuing Education Desk Hours: 7:00 am – 1:45 pm

Sponsored Satellite Program and Breakfast (7:00 am – 8:45 am)
See website for details as programs are confirmed.

Morning Session (9:00 am – 11:00 am)
Carbs under Attack: Helping Patients Navigate the World of Carbohydrates
- Cutting Through the Controversies: Carb Recommendations for Diabetes Nutrition Management
  Alison Evert, MS, RD, CDE, Coordinator of Diabetes Education Programs, University of Washington Medical Center, Kirkland, WA
- Gluten Sensitivity: New Epidemic or Current Craze?
  Benjamin Lebwohl, MD, MS, Herbert Irving Assistant Professor of Medicine and Epidemiology, The Celiac Disease Center at Columbia University, New York, NY
- The FODMAP Diet: A Critical Analysis
  Kelly A. Tappenden, PhD, RD, Kraft Foods Human Nutrition Endowed Professor, University of Illinois Distinguished Teacher-Scholar, University of Illinois at Urbana-Champaign, Urbana, IL

Low-Calorie Sweeteners and Weight Management (11:15 am – 11:55 am)
James O. Hill, PhD, Anschutz Professor, University of Colorado School of Medicine, Aurora, CO

The AREDS2 Study: Micronutrients in the Treatment of Macular Degeneration (11:55 am – 12:35 pm)
Paul S. Bernstein, MD, PhD, Mary Boesche Professor of Ophthalmology and Visual Sciences, University of Utah School of Medicine, Salt Lake City, UT

Closing Remarks (12:45 pm)
Joel B. Mason, MD, Professor of Medicine and Nutrition, Tufts University, Boston, MA

Kelly A. Tappenden, PhD, RD, Kraft Foods Human Nutrition Endowed Professor, University of Illinois Distinguished Teacher-Scholar, University of Illinois at Urbana-Champaign, Urbana, IL